

Healthy Development

**5 - How well are we promoting healthy
child and youth development?**

Provincial Results



		New Brunswick					Age or Grade	Male	Female	NB Average	Canadian Average	Rank (NB to Canada)
Pre and Post natal	1 - Expectant mother receiving prenatal benefits (2010,% of live births)	All expectant mother	0	20.01	20.01	X	X					
	2 - Universal newborn and infant hearing screening (2009-2010, %)	Newborn and infant	X	X	87.8	X	X					
	3 - Breastfeeding initiation (2009-2010, %)	12 and up	X	82	82	87.4	9/13					
	4 - Proportion of infants exclusively breastfed at 6 months (2009-2010, %)	12 and up	X	18.7 ^E	18.7^E	26.2	10/12					
	5 - Proportion of Kindergarten children meeting immunization requirements (2009-2010, %)	K	X	X	91.4	X	X					
Early Learning	6 - Total approved available child care spaces (2010-2011, count)	Child in childcare	X	X	20,319	X	X					
	7 - Early intervention services (2010-2011, monthly average)	Early childhood	X	X	1,774	X	X					
Physical or Mental Health	8 - Youth who had a medical doctor visit within the last year (2009-2010, %)	12 to 19 years old	66.3	74.6	70.3	70.9	7/13					
	9 - Youth who seen or talked to a health professional about emotional or mental health within the last year (2009-2010, %)	12 to 19 years old	5.1	17.2	11.1	5.6	X					
	10 - Youth who have moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2009-2010, %)	Grade 6 to 12	84	89	87	X	X					
	11 - Child who has moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2010-2011, %)	Grade 4 to 5	77	84	80	X	X					
Dental Health	12 - Youth who visit a dental professional within the last year (2009-2010, %)	12 to 19 years old	83.2	81.9	83.9	82.0	X					
	13 - Aboriginal who had a visit with a dental professional within the last year (2009-2010, %)	6 to 14 years old	x	X	78	71	5*/7					
Vision Health	14 - Youth seen or talked to an eye professional within the last year (2009-2010,%)	12 to 19 years old	38.3	46.8	42.5	45.3	X					
Children and Youth Perceptions of Healthy Living	15 - Teachers show a positive attitude towards healthy living (2010, %)	Grade 12	71.3	73.7	72.5	X	X					
	16 - School promoted healthy eating by providing easy access to healthy food and snacks (2010-2011, %)	Grade 12	X	X	67.3	X	X					
	17 - Healthy food choices noticed by youths in schools [at sporting or other events, for fundraising, in the canteen / cafeteria, lower prices for healthier foods, etc] (2009-2010, %)	Grade 6 to 12	56	65	61	X	X					
	18 - Physical activity of parents, as reported by a youth [at least 3 times in the last week] (2009-2010,%)	Grade 6 to 12	40	44	42	X	X					
	19 - Parent is physically active, as reported by child (2010-2011,%)	Parents - K to 5	X	X	65	X	X					
	20 - Child who ate dinner with parent day before survey (2010-2011, %)	Grade 4 to 5	75	79	77	X	X					
Children and Youth Health Behaviours	21 - Youth walking and bicycling that is done only as a way of getting to and from work or school (2009-2010, %)	12 to 19 years old	30	30.3	30.1	52.7	X					
	22 - Youth who spend at least 90 minutes a day in a combination of moderate and hard physical activity (2009-2010, %)	Grade 6 to 12	48	33	40	X	X					
	23 - Child who is very physically active for at least 30 minutes 3 or more times per week (2010-2011, %)	Grade 4 to 5	80	79	80	X	X					
	24 - Youth who eat breakfast daily(2009-2010, %)	Grade 6 to 12	45	32	41	X	X					
	25 - Child who eat breakfast daily(2010-2011, %)	Grade 4 to 5	68	72	70	X	X					
	26 - Youth who eat 5 or more fruits or vegetables a day [not including juices] (2009-2010, %)	Grade 6 to 12	24	25	24	X	X					
	27 - Child who eats 5 or more fruits or vegetable a day [not including juices] (2010-2011, %)	Grade 4 to 5	47	55	50	X	X					
	28 - Youth who sleep more than 8 hours a night (2009-2010, %)	Grade 6 to 12	50	52	52	X	X					
	29 - Youth who has never tried smoking (2009-2010, %)	Grade 6 to 12	54	64	60	X	X					

Legend:

Doing Well (ranked 1, 2, 3)

Caution

Lagging (last 3 places)

(Includes all provinces and territories when data is available -13 maximum)

*=Another province has the same ranking

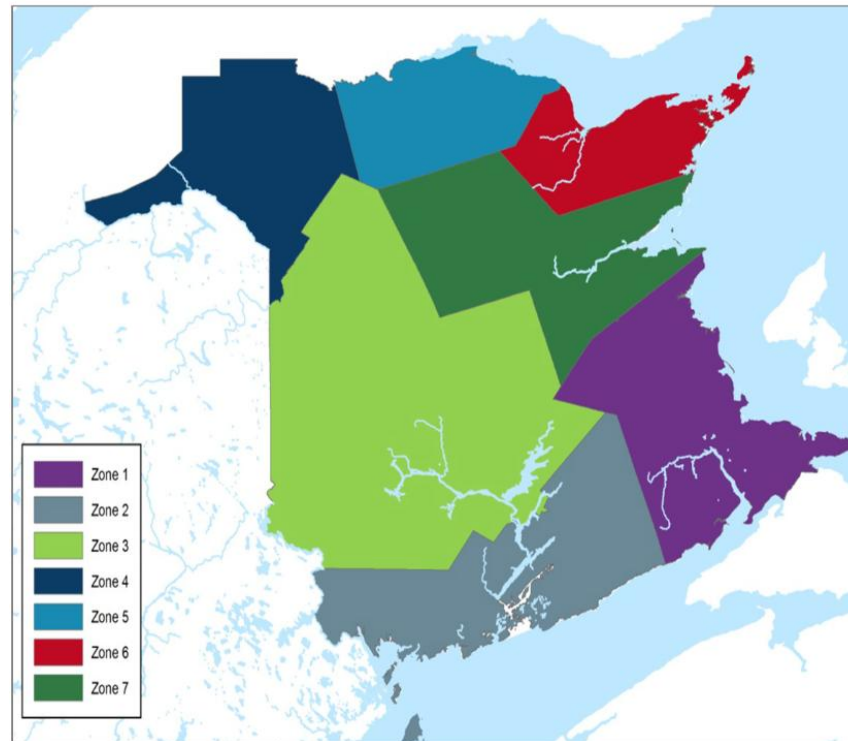
X=Data unavailable

K = Kindergarten

E = Use data with caution, sample size too small

Healthy Development

Results by Zones





	ZONE 1 – Moncton / South East area	Age or Grade	Male	Female	Zone 1	NB	Rank (Zone 1 to other zones)
Pre and Post natal	1 - Expectant mother receiving prenatal benefits (2010,% of live births)	All expectant mother	X	X	X	20.01	X
	2 - Universal newborn and infant hearing screening (2009-2010, %)	Newborn and infant	X	X	70.1	87.8	7/7
	3 - Breastfeeding initiation (2009-2010, %)	12 and up	X	83.6	83.6	82	3/5
	4 - Proportion of infants exclusively breastfed at 6 months (2009-2010, %)	12 and up	X	X	X	18.7 ^E	X
	5 - Proportion of Kindergarten children meeting immunization requirements (2009-2010, %)	K	X	X	90.9	91.4	5/7
Early Learning	6 - Total approved available child care spaces (2010-2011, count)	Child in childcare	X	X	X	20,319	X
	7 - Early intervention services (2010-2011. monthly average)	Early childhood	X	X	X	1,774	X
Physical or Mental Health	8 - Youth who had a medical doctor visit within the last year (2009-2010, %)	12 to 19 years old	68.6	65	66.8	70.3	6/7
	9 - Youth who seen or talked to a health professional about emotional or mental health within the last year (2009-2010, %)	12 to 19 years old	6.3	19.7	13.5	11.1	X
	10 - Youth who have moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2009-2010, %)	Grade 6 to 12	87	91	90	87	1*/7
Dental Health	11 - Child who has moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
	12 - Youth who visit a dental professional within the last year (2009-2010, %)	12 to 19 years old	75.6	81.7	78.9	83.9	6/7
Vision Health	13 - Aboriginal who had a visit with a dental professional within the last year (2009-2010. %)	6 to 14 years old	X	X	X	78	X
	14 - Youth seen or talked to an eye professional within the last year (2009-2010,%)	12 to 19 years old	29.2	55.9	43.7	42.5	3/7
Children and Youth Perceptions of Healthy Living	15 - Teachers show a positive attitude towards healthy living (2010, %)	Grade 12	76	80.9	78.7	72.5	1/7
	16 - School promoted healthy eating by providing easy access to healthy food and snacks (2010-2011, %)	Grade 12	X	X	A:66 F:71 Z:68	67.3	4/7
	17 - Healthy food choices noticed by youths in schools [at sporting or other events, for fundraising, in the canteen / cafeteria, lower prices for healthier foods, etc] (2009-2010, %)	Grade 6 to 12	61	67	64	61	2/7
	18 - Physical activity of parents, as reported by a youth [at least 3 times in the last week] (2009-2010,%)	Grade 6 to 12	40	42	41	42	4*/7
Children and Youth Health Behaviours	19 - Parent is physically active, as reported by child (2010-2011,%)	Parents - K to 5	X	X	X	65	X
	20 - Child who ate dinner with parent day before survey (2010-2011, %)	Grade 4 to 5	X	X	X	77	X
	21 - Youth walking and bicycling that is done only as a way of getting to and from work or school (2009-2010, %)	12 to 19 years old	41.2	22.9	31.3	30.1	3/7
	22 - Youth who spend at least 90 minutes a day in a combination of moderate and hard physical activity (2009-2010, %)	Grade 6 to 12	47	31	39	40	5*/7
	23 - Child who is very physically active for at least 30 minutes 3 or more times per week (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
	24 - Youth who eat breakfast daily(2009-2010, %)	Grade 6 to 12	51	47	49	41	1/7
	25 - Child who eat breakfast daily(2010-2011, %)	Grade 4 to 5	X	X	X	70	X
	26 - Youth who eat 5 or more fruits or vegetables a day [not including juices] (2009-2010, %)	Grade 6 to 12	25	31	28	24	1/7
	27 - Child who eats 5 or more fruits or vegetable a day [not including juices] (2010-2011, %)	Grade 4 to 5	X	X	X	50	X
	28 - Youth who sleep more than 8 hours a night (2009-2010, %)	Grade 6 to 12	49	51	50	52	4*/7
29 - Youth who has never tried smoking (2009-2010, %)	Grade 6 to 12	71	67	69	60	2/7	

Legend:

- Doing Well (ranked 1, 2)
- Caution
- Lagging (last 2 places)

(Compares to all zones when data is available (7 in total))
 *=Another zone has the same ranking
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ZONE 2 – Fundy Shore / Saint John area

		Age or Grade	Male	Female	Zone 2	NB	Rank (Zone 2 to other zones)
Pre and Post natal	1 - Expectant mother receiving prenatal benefits (2010,% of live births)	All expectant mother	X	X	X	20.01	X
	2 - Universal newborn and infant hearing screening (2009-2010, %)	Newborn and infant	X	X	99.5	87.8	1/7
	3 - Breastfeeding initiation (2009-2010, %)	12 and up	X	89.9	89.9	82	1/5
	4 - Proportion of infants exclusively breastfed at 6 months (2009-2010, %)	12 and up	X	X	X	18.7 ^E	X
Early Learning	5 - Proportion of Kindergarten children meeting immunization requirements (2009-2010, %)	K	X	X	88.6	91.4	6/7
	6 - Total approved available child care spaces (2010-2011, count)	Child in childcare	X	X	X	20,319	X
Physical or Mental Health	7 - Early intervention services (2010-2011. monthly average)	Early childhood	X	X	X	1,774	X
	8 - Youth who had a medical doctor visit within the last year (2009-2010, %)	12 to 19 years old	78.3	79.8	79	70.3	1/7
	9 - Youth who seen or talked to a health professional about emotional or mental health within the last year (2009-2010, %)	12 to 19 years old	3.6	19.2	11.2	11.1	X
Dental Health	10 - Youth who have moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2009-2010, %)	Grade 6 to 12	82	88	85	87	4*/7
	11 - Child who has moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
Vision Health	12 - Youth who visit a dental professional within the last year (2009-2010, %)	12 to 19 years old	89.2	79.7	84.6	83.9	3/7
	13 - Aboriginal who had a visit with a dental professional within the last year (2009-2010. %)	6 to 14 years old	X	X	X	78	X
Children and Youth Perceptions of Healthy Living	14 - Youth seen or talked to an eye professional within the last year (2009-2010,%)	12 to 19 years old	33.7	45.1	39.2	42.5	5/7
	15 - Teachers show a positive attitude towards healthy living (2010, %)	Grade 12	66.9	65.1	65.9	72.5	7/7
	16 - School promoted healthy eating by providing easy access to healthy food and snacks (2010-2011, %)	Grade 12	X	X	A:64 F:67 Z:64	67.3	7/7
	17 - Healthy food choices noticed by youths in schools [at sporting or other events, for fundraising, in the canteen / cafeteria, lower prices for healthier foods, etc] (2009-2010, %)	Grade 6 to 12	53	61	57	61	6/7
Children and Youth Health Behaviours	18 - Physical activity of parents, as reported by a youth [at least 3 times in the last week] (2009-2010,%)	Grade 6 to 12	39	47	44	42	2/7
	19 - Parent is physically active, as reported by child (2010-2011,%)	Parents - K to 5	X	X	X	65	X
	20 - Child who ate dinner with parent day before survey (2010-2011, %)	Grade 4 to 5	X	X	X	77	X
	21 - Youth walking and bicycling that is done only as a way of getting to and from work or school (2009-2010, %)	12 to 19 years old	27.4	45.4	36.2	30.1	2/7
Children and Youth Health Behaviours	22 - Youth who spend at least 90 minutes a day in a combination of moderate and hard physical activity (2009-2010, %)	Grade 6 to 12	45	33	39	40	5*/7
	23 - Child who is very physically active for at least 30 minutes 3 or more times per week (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
	24 - Youth who eat breakfast daily(2009-2010, %)	Grade 6 to 12	43	25	39	41	4*/7
	25 - Child who eat breakfast daily(2010-2011, %)	Grade 4 to 5	X	X	X	70	X
	26 - Youth who eat 5 or more fruits or vegetables a day [not including juices] (2009-2010, %)	Grade 6 to 12	24	24	24	24	3*/7
	27 - Child who eats 5 or more fruits or vegetable a day [not including juices] (2010-2011, %)	Grade 4 to 5	X	X	X	50	X
	28 - Youth who sleep more than 8 hours a night (2009-2010, %)	Grade 6 to 12	46	49	47	52	6/7
	29 - Youth who has never tried smoking (2009-2010, %)	Grade 6 to 12	50	60	55	60	5/7

Legend:

- Doing Well (ranked 1, 2)
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- Lagging (last 2 places)
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F = Francophone School Sector

Z = Zone Average

	ZONE 3 – Fredericton / River Valley area	Age or Grade	Male	Female	Zone 3	NB	Rank (Zone 3 to other zones)
Pre and Post natal	1 - Expectant mother receiving prenatal benefits (2010,% of live births)	All expectant mother	X	X	X	20.01	X
	2 - Universal newborn and infant hearing screening (2009-2010, %)	Newborn and infant	X	X	97.1	87.8	2/7
	3 - Breastfeeding initiation (2009-2010, %)	12 and up	X	84.3	84.3	82	2/5
	4 - Proportion of infants exclusively breastfed at 6 months (2009-2010, %)	12 and up	X	X	X	18.7 ^F	X
	5 - Proportion of Kindergarten children meeting immunization requirements (2009-2010, %)	K	X	X	88.1	91.4	7/7
Early Learning	6 - Total approved available child care spaces (2010-2011, count)	Child in childcare	X	X	X	20,319	X
	7 - Early intervention services (2010-2011. monthly average)	Early childhood	X	X	X	1,774	X
Physical or Mental Health	8 - Youth who had a medical doctor visit within the last year (2009-2010, %)	12 to 19 years old	56.2	78.9	67.2	70.3	5/7
	9 - Youth who seen or talked to a health professional about emotional or mental health within the last year (2009-2010, %)	12 to 19 years old	5.1	18.8	11.5	11.1	X
	10 - Youth who have moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2009-2010, %)	Grade 6 to 12	82	86	84	87	6*/7
Dental Health	11 - Child who has moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
	12 - Youth who visit a dental professional within the last year (2009-2010, %)	12 to 19 years old	81.7	81.8	81.7	83.9	5/7
Vision Health	13 - Aboriginal who had a visit with a dental professional within the last year (2009-2010. %)	6 to 14 years old	X	X	X	78	X
	14 - Youth seen or talked to an eye professional within the last year (2009-2010,%)	12 to 19 years old	37.5	28.9	33.5	42.5	6/7
Children and Youth Perceptions of Healthy Living	15 - Teachers show a positive attitude towards healthy living (2010, %)	Grade 12	74.2	71	72.5	72.5	5/7
	16 - School promoted healthy eating by providing easy access to healthy food and snacks (2010-2011, %)	Grade 12	X	X	A:66 F:56 Z:66	67.3	6/7
	17 - Healthy food choices noticed by youths in schools [at sporting or other events, for fundraising, in the canteen / cafeteria, lower prices for healthier foods, etc] (2009-2010, %)	Grade 6 to 12	57	69	63	61	3/7
	18 - Physical activity of parents, as reported by a youth [at least 3 times in the last week] (2009-2010,%)	Grade 6 to 12	44	46	45	42	1/7
	19 - Parent is physically active, as reported by child (2010-2011,%)	Parents - K to 5	X	X	X	65	X
Children and Youth Health Behaviours	20 - Child who ate dinner with parent day before survey (2010-2011, %)	Grade 4 to 5	X	X	X	77	X
	21 - Youth walking and bicycling that is done only as a way of getting to and from work or school (2009-2010, %)	12 to 19 years old	26.9	16.8	22.2	30.1	7/7
	22 - Youth who spend at least 90 minutes a day in a combination of moderate and hard physical activity (2009-2010, %)	Grade 6 to 12	48	34	41	40	2/7
	23 - Child who is very physically active for at least 30 minutes 3 or more times per week (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
	24 - Youth who eat breakfast daily(2009-2010, %)	Grade 6 to 12	43	35	39	41	4*/7
	25 - Child who eat breakfast daily(2010-2011, %)	Grade 4 to 5	X	X	X	70	X
	26 - Youth who eat 5 or more fruits or vegetables a day [not including juices] (2009-2010, %)	Grade 6 to 12	25	24	25	24	2/7
	27 - Child who eats 5 or more fruits or vegetable a day [not including juices] (2010-2011, %)	Grade 4 to 5	X	X	X	50	X
	28 - Youth who sleep more than 8 hours a night (2009-2010, %)	Grade 6 to 12	50	51	50	52	4*/7
29 - Youth who has never tried smoking (2009-2010, %)	Grade 6 to 12	46	59	53	60	6/7	



	ZONE 4 – Madawaska / North West area	Age or Grade	Male	Female	Zone 4	NB	Rank (Zone 4 to other zones)
Pre and Post natal	1 - Expectant mother receiving prenatal benefits (2010,% of live births)	All expectant mother	X	X	X	20.01	X
	2 - Universal newborn and infant hearing screening (2009-2010, %)	Newborn and infant	X	X	85.3	87.8	5/7
	3 - Breastfeeding initiation (2009-2010, %)	12 and up	X	80.5	80.5	82	4/5
	4 - Proportion of infants exclusively breastfed at 6 months (2009-2010, %)	12 and up	X	X	X	18.7 ^F	X
	5 - Proportion of Kindergarten children meeting immunization requirements (2009-2010, %)	K	X	X	98.4	91.4	3/7
Early Learning	6 - Total approved available child care spaces (2010-2011, count)	Child in childcare	X	X	X	20,319	X
	7 - Early intervention services (2010-2011. monthly average)	Early childhood	X	X	X	1,774	X
Physical or Mental Health	8 - Youth who had a medical doctor visit within the last year (2009-2010, %)	12 to 19 years old	57.6	78.5	67.7	70.3	4/7
	9 - Youth who seen or talked to a health professional about emotional or mental health within the last year (2009-2010, %)	12 to 19 years old	14.7	0	6.7	11.1	X
	10 - Youth who have moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2009-2010, %)	Grade 6 to 12	85	93	89	87	3/7
Dental Health	11 - Child who has moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
	12 - Youth who visit a dental professional within the last year (2009-2010, %)	12 to 19 years old	80.8	92.4	87.1	83.9	1/7
Vision Health	13 - Aboriginal who had a visit with a dental professional within the last year (2009-2010. %)	6 to 14 years old	X	X	X	78	X
	14 - Youth seen or talked to an eye professional within the last year (2009-2010,%)	12 to 19 years old	65.1	48.1	55.9	42.5	2/7
Children and Youth Perceptions of Healthy Living	15 - Teachers show a positive attitude towards healthy living (2010, %)	Grade 12	72	80.2	76.6	72.5	2/7
	16 - School promoted healthy eating by providing easy access to healthy food and snacks (2010-2011, %)	Grade 12	X	X	A:70 F:73 Z:72	67.3	2/7
	17 - Healthy food choices noticed by youths in schools [at sporting or other events, for fundraising, in the canteen / cafeteria, lower prices for healthier foods, etc] (2009-2010, %)	Grade 6 to 12	54	66	60	61	4*/7
	18 - Physical activity of parents, as reported by a youth [at least 3 times in the last week] (2009-2010,%)	Grade 6 to 12	33	36	34	42	6/7
	19 - Parent is physically active, as reported by child (2010-2011,%)	Parents - K to 5	X	X	X	65	X
Children and Youth Health Behaviours	20 - Child who ate dinner with parent day before survey (2010-2011, %)	Grade 4 to 5	X	X	X	77	X
	21 - Youth walking and bicycling that is done only as a way of getting to and from work or school (2009-2010, %)	12 to 19 years old	30.3	45.8	38.8	30.1	1/7
	22 - Youth who spend at least 90 minutes a day in a combination of moderate and hard physical activity (2009-2010, %)	Grade 6 to 12	51	29	40	40	3*/7
	23 - Child who is very physically active for at least 30 minutes 3 or more times per week (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
	24 - Youth who eat breakfast daily(2009-2010, %)	Grade 6 to 12	49	45	47	41	2*/7
	25 - Child who eat breakfast daily(2010-2011, %)	Grade 4 to 5	X	X	X	70	X
	26 - Youth who eat 5 or more fruits or vegetables a day [not including juices] (2009-2010, %)	Grade 6 to 12	22	22	22	24	5/7
	27 - Child who eats 5 or more fruits or vegetable a day [not including juices] (2010-2011, %)	Grade 4 to 5	X	X	X	50	X
	28 - Youth who sleep more than 8 hours a night (2009-2010, %)	Grade 6 to 12	54	58	56	52	2/7
	29 - Youth who has never tried smoking (2009-2010, %)	Grade 6 to 12	45	82	65	60	3/7

Legend:

- Doing Well (ranked 1, 2)
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 Z = Zone Average



ZONE 5 – Restigouche area

		Age or Grade	Male	Female	Zone 5	NB	Rank (Zone 5 to other zones)
Pre and Post natal	1 - Expectant mother receiving prenatal benefits (2010,% of live births)	All expectant mother	X	X	X	20.01	X
	2 - Universal newborn and infant hearing screening (2009-2010, %)	Newborn and infant	X	X	95.3	87.8	4/7
	3 - Breastfeeding initiation (2009-2010, %)	12 and up	X	X	X	82	X
	4 - Proportion of infants exclusively breastfed at 6 months (2009-2010, %)	12 and up	X	X	X	18.7 ^F	X
	5 - Proportion of Kindergarten children meeting immunization requirements (2009-2010, %)	K	X	X	96.3	91.4	4/7
Early Learning	6 - Total approved available child care spaces (2010-2011, count)	Child in childcare	X	X	X	20,319	X
	7 - Early intervention services (2010-2011. monthly average)	Early childhood	X	X	X	1,774	X
Physical or Mental Health	8 - Youth who had a medical doctor visit within the last year (2009-2010, %)	12 to 19 years old	54.1	F	59.2	70.3	7/7
	9 - Youth who seen or talked to a health professional about emotional or mental health within the last year (2009-2010, %)	12 to 19 years old	3.2	0	1.7	11.1	X
	10 - Youth who have moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2009-2010, %)	Grade 6 to 12	79	89	84	87	6*/7
Dental Health	11 - Child who has moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
	12 - Youth who visit a dental professional within the last year (2009-2010, %)	12 to 19 years old	70.8	84.6	77.0	83.9	7/7
Vision Health	13 - Aboriginal who had a visit with a dental professional within the last year (2009-2010. %)	6 to 14 years old	X	X	X	78	X
	14 - Youth seen or talked to an eye professional within the last year (2009-2010,%)	12 to 19 years old	33.1	21.8	28.0	42.5	7/7
Children and Youth Perceptions of Healthy Living	15 - Teachers show a positive attitude towards healthy living (2010, %)	Grade 12	71.4	73.7	72.6	72.5	4/7
	16 - School promoted healthy eating by providing easy access to healthy food and snacks (2010-2011, %)	Grade 12	X	X	A:78 F:85 Z:81	67.3	1/7
	17 - Healthy food choices noticed by youths in schools [at sporting or other events, for fundraising, in the canteen / cafeteria, lower prices for healthier foods, etc] (2009-2010, %)	Grade 6 to 12	60	75	67	61	1/7
	18 - Physical activity of parents, as reported by a youth [at least 3 times in the last week] (2009-2010,%)	Grade 6 to 12	39	42	41	42	4*/7
	19 - Parent is physically active, as reported by child (2010-2011,%)	Parents - K to 5	X	X	X	65	X
Children and Youth Health Behaviours	20 - Child who ate dinner with parent day before survey (2010-2011, %)	Grade 4 to 5	X	X	X	77	X
	21 - Youth walking and bicycling that is done only as a way of getting to and from work or school (2009-2010, %)	12 to 19 years old	38.6	3.4	22.7	30.1	6/7
	22 - Youth who spend at least 90 minutes a day in a combination of moderate and hard physical activity (2009-2010, %)	Grade 6 to 12	48	31	40	40	3*/7
	23 - Child who is very physically active for at least 30 minutes 3 or more times per week (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
	24 - Youth who eat breakfast daily(2009-2010, %)	Grade 6 to 12	34	31	32	41	6*/7
	25 - Child who eat breakfast daily(2010-2011, %)	Grade 4 to 5	X	X	X	70	X
	26 - Youth who eat 5 or more fruits or vegetables a day [not including juices] (2009-2010, %)	Grade 6 to 12	24	19	21	24	6/7
	27 - Child who eats 5 or more fruits or vegetable a day [not including juices] (2010-2011, %)	Grade 4 to 5	X	X	X	50	X
	28 - Youth who sleep more than 8 hours a night (2009-2010, %)	Grade 6 to 12	35	50	42	52	7/7
29 - Youth who has never tried smoking (2009-2010, %)	Grade 6 to 12	59	53	56	60	4/7	

Legend:

Doing Well (ranked 1, 2)

Caution

Lagging (last 2 places)

(Compares to all zones when data is available (7 in total))

*=Another zone has the same ranking

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F = Francophone School Sector

Z = Zone Average



	ZONE 6 – Bathurst / Acadian Peninsula	Age or Grade	Male	Female	Zone 6	NB	Rank (Zone 6 to other zones)
Pre and Post natal	1 - Expectant mother receiving prenatal benefits (2010,% of live births)	All expectant mother	X	X	X	20.01	X
	2 - Universal newborn and infant hearing screening (2009-2010, %)	Newborn and infant	X	X	81.5	87.8	6/7
	3 - Breastfeeding initiation (2009-2010, %)	12 and up	X	X	76.1	82	5/5
	4 - Proportion of infants exclusively breastfed at 6 months (2009-2010, %)	12 and up	X	X	X	18.7 ^F	X
Early Learning	5 - Proportion of Kindergarten children meeting immunization requirements (2009-2010, %)	K	X	X	99.3	91.4	1/7
	6 - Total approved available child care spaces (2010-2011, count)	Child in childcare	X	X	X	20,319	X
Physical or Mental Health	7 - Early intervention services (2010-2011. monthly average)	Early childhood	X	X	X	1,774	X
	8 - Youth who had a medical doctor visit within the last year (2009-2010, %)	12 to 19 years old	68.8	68.3	68.6	70.3	3/7
	9 - Youth who seen or talked to a health professional about emotional or mental health within the last year (2009-2010, %)	12 to 19 years old	4.0	22.0	12.5	11.1	X
Dental Health	10 - Youth who have moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2009-2010, %)	Grade 6 to 12	87	91	90	87	1*/7
	11 - Child who has moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
Vision Health	12 - Youth who visit a dental professional within the last year (2009-2010, %)	12 to 19 years old	87.3	84.9	86.2	83.9	2/7
	13 - Aboriginal who had a visit with a dental professional within the last year (2009-2010. %)	6 to 14 years old	X	X	X	78	X
Children and Youth Perceptions of Healthy Living	14 - Youth seen or talked to an eye professional within the last year (2009-2010,%)	12 to 19 years old	60.1	79.3	69.2	42.5	1/7
	15 - Teachers show a positive attitude towards healthy living (2010, %)	Grade 12	70.5	80.4	75.7	72.5	3/7
	16 - School promoted healthy eating by providing easy access to healthy food and snacks (2010-2011, %)	Grade 12	X	X	A:65 F:67 Z:67	67.3	5/7
	17 - Healthy food choices noticed by youths in schools [at sporting or other events, for fundraising, in the canteen / cafeteria, lower prices for healthier foods, etc] (2009-2010, %)	Grade 6 to 12	52	50	51	61	7/7
Children and Youth Health Behaviours	18 - Physical activity of parents, as reported by a youth [at least 3 times in the last week] (2009-2010,%)	Grade 6 to 12	28	35	33	42	7/7
	19 - Parent is physically active, as reported by child (2010-2011,%)	Parents - K to 5	X	X	X	65	X
	20 - Child who ate dinner with parent day before survey (2010-2011, %)	Grade 4 to 5	X	X	X	77	X
	21 - Youth walking and bicycling that is done only as a way of getting to and from work or school (2009-2010, %)	12 to 19 years old	17.7	42.4	29.4	30.1	4/7
Children and Youth Health Behaviours	22 - Youth who spend at least 90 minutes a day in a combination of moderate and hard physical activity (2009-2010, %)	Grade 6 to 12	37	40	38	40	7/7
	23 - Child who is very physically active for at least 30 minutes 3 or more times per week (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
	24 - Youth who eat breakfast daily(2009-2010, %)	Grade 6 to 12	51	43	47	41	2*/7
	25 - Child who eat breakfast daily(2010-2011, %)	Grade 4 to 5	X	X	X	70	X
	26 - Youth who eat 5 or more fruits or vegetables a day [not including juices] (2009-2010, %)	Grade 6 to 12	23	24	24	24	3*/7
	27 - Child who eats 5 or more fruits or vegetable a day [not including juices] (2010-2011, %)	Grade 4 to 5	X	X	X	50	X
	28 - Youth who sleep more than 8 hours a night (2009-2010, %)	Grade 6 to 12	58	58	58	52	1/7
	29 - Youth who has never tried smoking (2009-2010, %)	Grade 6 to 12	71	83	77	60	1/7

Legend:

- Doing Well (ranked 1, 2)
- Caution
- Lagging (last 2 places)

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ZONE 7 – Miramichi area

		Age or Grade	Male	Female	Zone 7	NB	Rank (Zone 7 to other zones)
Pre and Post natal	1 - Expectant mother receiving prenatal benefits (2010,% of live births)	All expectant mother	X	X	X	20.01	X
	2 - Universal newborn and infant hearing screening (2009-2010, %)	Newborn and infant	X	X	96.5	87.8	3/7
	3 - Breastfeeding initiation (2009-2010, %)	12 and up	X	X	X	82	X
	4 - Proportion of infants exclusively breastfed at 6 months (2009-2010, %)	12 and up	X	X	X	18.7 ^F	X
Early Learning	5 - Proportion of Kindergarten children meeting immunization requirements (2009-2010, %)	K	X	X	99.0	91.4	2/7
	6 - Total approved available child care spaces (2010-2011, count)	Child in childcare	X	X	X	20,319	X
Physical or Mental Health	7 - Early intervention services (2010-2011. monthly average)	Early childhood	X	X	X	1,774	X
	8 - Youth who had a medical doctor visit within the last year (2009-2010, %)	12 to 19 years old	54.4	89.2	71.1	70.3	2/7
	9 - Youth who seen or talked to a health professional about emotional or mental health within the last year (2009-2010, %)	12 to 19 years old	2.8	11.1	6.4	11.1	X
Dental Health	10 - Youth who have moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2009-2010, %)	Grade 6 to 12	81	87	85	87	4*/7
	11 - Child who has moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
Vision Health	12 - Youth who visit a dental professional within the last year (2009-2010, %)	12 to 19 years old	92.5	72.6	83.9	83.9	4/7
	13 - Aboriginal who had a visit with a dental professional within the last year (2009-2010. %)	6 to 14 years old	X	X	X	78	X
Children and Youth Perceptions of Healthy Living	14 - Youth seen or talked to an eye professional within the last year (2009-2010,%)	12 to 19 years old	36.5	48.0	41.5	42.5	4/7
	15 - Teachers show a positive attitude towards healthy living (2010, %)	Grade 12	64.1	72.2	67.9	72.5	6/7
	16 - School promoted healthy eating by providing easy access to healthy food and snacks (2010-2011, %)	Grade 12	X	X	A:74 F:66 Z:72	67.3	3/7
	17 - Healthy food choices noticed by youths in schools [at sporting or other events, for fundraising, in the canteen / cafeteria, lower prices for healthier foods, etc] (2009-2010, %)	Grade 6 to 12	53	67	60	61	4*/7
Children and Youth Health Behaviours	18 - Physical activity of parents, as reported by a youth [at least 3 times in the last week] (2009-2010,%)	Grade 6 to 12	41	44	43	42	3/7
	19 - Parent is physically active, as reported by child (2010-2011,%)	Parents - K to 5	X	X	X	65	X
	20 - Child who ate dinner with parent day before survey (2010-2011, %)	Grade 4 to 5	X	X	X	77	X
	21 - Youth walking and bicycling that is done only as a way of getting to and from work or school (2009-2010, %)	12 to 19 years old	30.8	23.2	27.5	30.1	5/7
Children and Youth Health Behaviours	22 - Youth who spend at least 90 minutes a day in a combination of moderate and hard physical activity (2009-2010, %)	Grade 6 to 12	50	38	44	40	1/7
	23 - Child who is very physically active for at least 30 minutes 3 or more times per week (2010-2011, %)	Grade 4 to 5	X	X	X	80	X
	24 - Youth who eat breakfast daily(2009-2010, %)	Grade 6 to 12	36	29	32	41	6*/7
	25 - Child who eat breakfast daily(2010-2011, %)	Grade 4 to 5	X	X	X	70	X
	26 - Youth who eat 5 or more fruits or vegetables a day [not including juices] (2009-2010, %)	Grade 6 to 12	18	19	19	24	7/7
	27 - Child who eats 5 or more fruits or vegetable a day [not including juices] (2010-2011, %)	Grade 4 to 5	X	X	X	50	X
	28 - Youth who sleep more than 8 hours a night (2009-2010, %)	Grade 6 to 12	51	54	53	52	3/7
	29 - Youth who has never tried smoking (2009-2010, %)	Grade 6 to 12	41	54	48	60	7/7

Legend:

Doing Well (ranked 1, 2)

Caution

Lagging (last 2 places)

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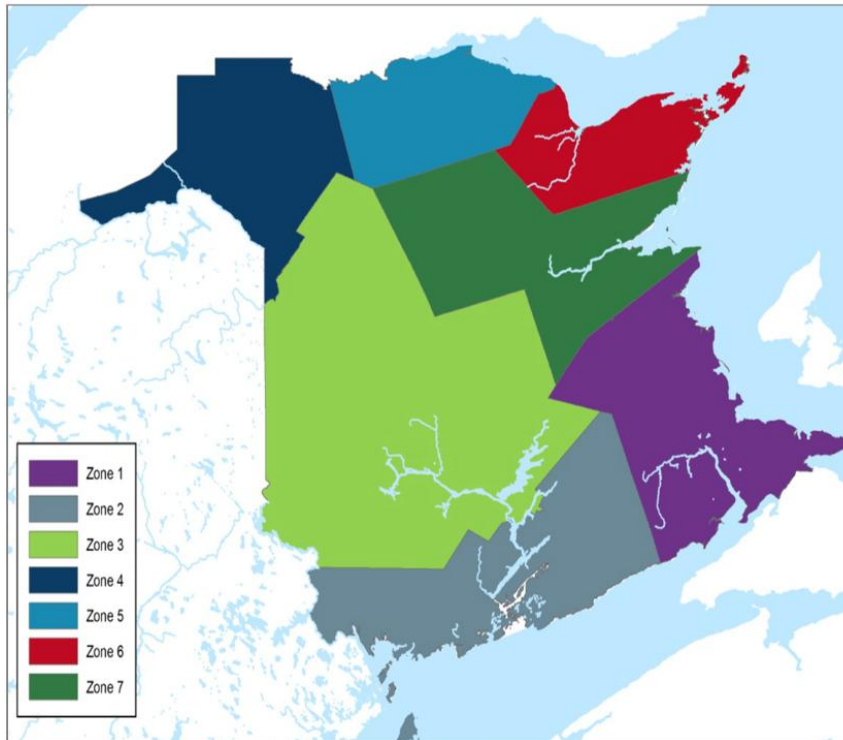
A = Anglophone School Sector

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Healthy Development

Summary of Zones





5 - How well are we promoting healthy child and youth development?

UN Convention on the Right of the Child: Article 2, 3, 4, 6, 12, 24, 31

	Doing well (ranked 1 or 2 out of the 7 zones) Lagging (ranked 6 or 7 out of the 7 zones)	X = Data Unavailable E = Use data with caution, sample size too small	Zone 1	Zone 2	Zone 3	Zone 4	Zone 5	Zone 6	Zone 7	NB Average	Canadian Average
Pre and Post natal	1 - Expectant mother receiving prenatal benefits (2010,% of live births)	X	X	X	X	X	X	X	X	20.01	X
	2 - Universal newborn and infant hearing screening (2009-2010, %)	70.1	99.5	97.1	85.3	95.3	81.5	96.5	87.8	87.8	X
	3 - Breastfeeding initiation (2009-2010, %)	83.6	89.9	84.3	80.5	X	76.1	X	82	82	87.4
	4 - Proportion of infants exclusively breastfed at 6 months (2009-2010, %)	X	X	X	X	X	X	X	X	18.7 ^E	26.2
	5 - Proportion of Kindergarten children meeting immunization requirements (2009-2010, %)	90.9	88.6	88.1	98.4	96.3	99.3	99.0	91.4	91.4	X
Early Learning	6 - Total approved available child care spaces (2010-2011, count)	X	X	X	X	X	X	X	X	20,319	X
	7 - Early intervention services (2010-2011. monthly average)	X	X	X	X	X	X	X	X	1,774	X
Physical or Mental Health	8 - Youth who had a medical doctor visit within the last year (2009-2010, %)	66.8	79	67.2	67.7	59.2	68.6	71.1	70.3	70.3	70.9
	9 - Youth who seen or talked to a health professional about emotional or mental health within the last year (2009-2010, %)	13.5	11.2	11.5	6.7	1.7	12.5	6.4	11.1	11.1	5.6
	10 - Youth who have moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2009-2010, %)	90	85	84	89	84	90	85	87	87	X
	11 - Child who has moderate to high level of mental fitness [having a positive sense of how they feel, think and act] (2010-2011, %)	X	X	X	X	X	X	X	X	80	X
Dental Health	12 - Youth who visit a dental professional within the last year (2009-2010, %)	78.9	84.6	81.7	87.1	77.0	86.2	83.9	83.9	83.9	82.0
	13 - Aboriginal who had a visit with a dental professional within the last year (2009-2010. %)	X	X	X	X	X	X	X	X	78	71
Vision Health	14 - Youth seen or talked to an eye professional within the last year (2009-2010,%)	43.7	39.2	33.5	55.9	28.0	69.2	41.5	42.5	42.5	45.3
Children and Youth Perceptions of Healthy Living	15 - Teachers show a positive attitude towards healthy living (2010, %)	78.7	65.9	72.5	76.6	72.6	75.7	67.9	72.5	72.5	X
	16 - School promoted healthy eating by providing easy access to healthy food and snacks (2010-2011, %)	68	64	66	72	81	67	72	67.3	67.3	X
	17 - Healthy food choices noticed by youths in schools [at sporting or other events, for fundraising, in the canteen / cafeteria, lower prices for healthier foods, etc] (2009-2010, %)	64	57	63	60	67	51	60	61	61	X
	18 - Physical activity of parents, as reported by a youth [at least 3 times in the last week] (2009-2010,%)	41	44	45	34	41	33	43	42	42	X
	19 - Parent is physically active, as reported by child (2010-2011,%)	X	X	X	X	X	X	X	65	65	X
	20 - Child who ate dinner with parent day before survey (2010-2011, %)	X	X	X	X	X	X	X	77	77	X
Children and Youth Health Behaviours	21 - Youth walking and bicycling that is done only as a way of getting to and from work or school (2009-2010, %)	31.3	36.2	22.2	38.8	22.7	29.4	27.5	30.1	30.1	52.7
	22 - Youth who spend at least 90 minutes a day in a combination of moderate and hard physical activity (2009-2010, %)	39	39	41	40	40	38	44	40	40	X
	23 - Child who is very physically active for at least 30 minutes 3 or more times per week (2010-2011, %)	X	X	X	X	X	X	X	80	80	X
	24 - Youth who eat breakfast daily(2009-2010, %)	49	39	39	47	32	47	32	41	41	X
	25 - Child who eat breakfast daily(2010-2011, %)	X	X	X	X	X	X	X	70	70	X
	26 - Youth who eat 5 or more fruits or vegetables a day [not including juices] (2009-2010, %)	28	24	25	22	21	24	19	24	24	X
	27 - Child who eats 5 or more fruits or vegetable a day [not including juices] (2010-2011, %)	X	X	X	X	X	X	X	50	50	X
	28 - Youth who sleep more than 8 hours a night (2009-2010, %)	50	47	50	56	42	58	53	52	52	X
	29 - Youth who has never tried smoking (2009-2010, %)	69	55	53	65	56	77	48	60	60	X

Healthy Development

Data Sources

5 – How well are we promoting healthy children and youth development?

HEALTHY DEVELOPMENT

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4. Statistics Canada, *CANSIM table 105-0502, Canadian Community Health Survey (2009-2010)*, [online], from < www.statcan.gc.ca >.
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New Brunswick Health Council

New Brunswickers have a right to be aware of the decisions being made, to be part of the decision-making process, and to be aware of the outcomes delivered by the health system and its cost.

The New Brunswick Health Council will foster this transparency, engagement, and accountability by engaging citizens in a meaningful dialogue, measuring, monitoring, and evaluating population health and health service quality, informing citizens on the health system's performance and recommending improvements to health system partners.

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