


















Peer group A comparison (3 communities in NB)

www.nbhc.ca/community-profiles

	Age		Year	Moncton	Saint John	Fredericton	NB
Community Facts							
Population (2011)*	All		2011	78,495	75,091	56,224	751,171
Pre-school aged children (0 to 4)*	0 to 4 years old	%	2011	5	5	5	5
School aged (5 to 19)*	5 to 19 years old	%	2011	15	16	15	16
Adults (20 to 64)*	20 to 64 years old	%	2011	65	63	64	62
Seniors (65 +)*	65+	%	2011	15	16	16	17
Single parent family*	All	%	2011	17	23	17	16
Seniors living alone*	65+	%	2011	26	29	26	25
 Language most spoken at home - English*	All	%	2011	72	94	90	68
Language most spoken at home - French*	All	%	2011	23	2	4	28
Social and Economic Factors							
 Household income - less than \$20,000	All	%	2011	15	18	14	15
Household income - \$20,000 to \$59,999*	All	%	2011	42	42	40	41
Household income - \$60,000 and more*	All	%	2011	43	40	46	44
 Spending 30% or more of household total income on shelter costs	All	%	2011	25	26	25	19
Food insecurity in homes with or without children present, moderate and severe	All	%	2011	13	8	10	9
Unemployment rate	15+	%	2011	8	10	8	11
High School Diploma or less	25 to 64 years old	%	2011	38	44	30	43
 Trades, College, CEGEP, or other non-university certificate or diploma*	25 to 64 years old	%	2011	35	36	26	35
University degree or certificate or above*	25 to 64 years old	%	2011	27	20	44	22
Getting an education is important to me	Youth (Grade 6 to 12)	%	2009-2010	60	57	60	59
School dropout rate	Youth (Grade 6 to 12)	%	2010-2011	1.9	1.7	2.6	2.0
Students with part-time jobs outside of school*	Youth (Grade 6 to 12)	%	2009-2010	26	45	41	41
Youth who volunteered outside school without being paid, in the last year	Youth (Grade 6 to 12)	%	2009-2010	80	76	71	76
Pro-social behaviour (being helpful, respectful, thoughtful, etc.)	Children (Grade 4 and 5)	%	2010-2011	65	69	74	70
	Youth (Grade 6 to 12)	%	2009-2010	84	82	82	80
Have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others)	Youth (Grade 6 to 12)	%	2009-2010	49	45	46	46

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High levels of oppositional behaviours (being defiant, disrespectful, rude, etc.)	Children (Grade 4 and 5)	%	2010-2011	19	23	19	22
	Youth (Grade 6 to 12)	%	2009-2010	19	31	27	27
Has been bullied	Youth (Grade 6 to 12)	%	2009-2010	58	61	72	65
	Crimes against Property	18+	rate per 10,000	2012	687	n/a	282
	Crimes against Persons	18+	rate per 10,000	2012	343	n/a	164
	Traffic collisions with injuries or fatalities (motor vehicle and off-road vehicle)	18+	rate per 10,000	2012	36	n/a	20
	Sense of community belonging to your community, somewhat strong or very strong	Adults	%	2009-2011	64	66	64
		Seniors (65+)	%	2009-2011	84	74	84
Know where to go in my community to get help	Youth (Grade 6 to 12)	%	2009-2010	30	22	27	26
Students perception of healthy living in schools	Enjoy my cultural and family traditions	Youth (Grade 6 to 12)	%	2009-2010	49	38	47
	Most of the school staff eat healthy food	Youth (Grade 6 to 12)	%	2009-2010	36	32	33
	School provided access to healthy foods and snacks	Youth (Grade 6 to 12)	%	2009-2010	21	20	19
Physical Environment							
	Second hand smoke exposure at home	12+	%	2009-2011	6	9	2
	Second hand smoke exposure at in vehicles	12+	%	2009-2011	5	9	5
Occupied dwellings requiring major repairs	n/a	%	2011	7	10	8	10
Private residence built before 1960	n/a	%	2011	25	42	25	27
Health Behaviours							
	5 or more drinks at one time, at least once in the past 12 months	Youth (Grade 9 to 12)	%	2009-2010	39	52	43
	5 or more drinks at one time, at least once a month in the past year (heavy drinking)	Adults	%	2009-2011	29	28	22
		Seniors (65+)	%	2009-2011	4	4	6
	At risk of becoming a future smoker	Youth (Grade 6 to 12)	%	2009-2010	26	29	23
	Current smoker, daily or occasional	Youth (Grade 6 to 12)	%	2009-2010	2	10	8
		Adults	%	2009-2011	27	30	23
		Seniors (65+)	%	2009-2011	7	18	16
	Marijuana use within the last 12 months	Youth (Grade 9 to 12)	%	2009-2010	21	38	32

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	Eat fruits and vegetables, 5 or more daily	Children (Grade 4 and 5)	%	2010-2011	49	47	54	51
		Youth (Grade 6 to 12)	%	2009-2010	46	42	46	40
		Adults	%	2009-2011	37	33	39	36
		Seniors (65+)	%	2009-2011	41	29	39	37
	Eat breakfast daily	Children (Grade 4 and 5)	%	2010-2011	68	69	68	70
		Youth (Grade 6 to 12)	%	2009-2010	53	36	44	41
	Physically active at least 30 minutes 3 or more times per week	Children (Grade 4 and 5)	%	2010-2011	77	79	83	80
	Physically active at least 90 minutes daily (moderate and hard physical activity)	Youth (Grade 6 to 12)	%	2009-2010	36	41	39	40
	Physically active during free-time, moderately active or active daily	Adults	%	2009-2011	49	57	60	52
		Seniors (65+)	%	2009-2011	39	35	37	36
	Sedentary activity - 2 hours or less a day (screen time)	Children (Grade 4 and 5)	%	2010-2011	35	38	48	39
		Youth (Grade 6 to 12)	%	2009-2010	25	21	27	25
	Sleep 8 hours or more a night	Youth (Grade 6 to 12)	%	2009-2010	41	33	26	29
	Seeing your stress as quite a bit and extreme	Adults	%	2009-2011	26	21	23	22
	Obese	Adults	%	2009-2011	25	25	22	27
		Seniors (65+)	%	2009-2011	30	15	14	20
	Unhealthy weight - overweight or obese	Children (kindergarten to G5)	%	2010-2011	34	39	33	37
		Youth (Grade 6 to 12)	%	2009-2010	18	26	20	23
Health Services – Quality and Access to Services								
	Avoidable Hospitalization	All	rate per 10,000 population	2009/10-2011/12	46	59	52	60
	Hospitalization following an injury	0 to 17 years old	rate per 10,000 population	2009/10-2011/12	37	40	49	51
		All	rate per 10,000 population	2009/10-2011/12	56	64	71	70
	Has a personal family doctor	18+	%	2011	90	88	91	93
	Talk to a health professional about things you could do to improve your health or prevent illness like stop smoking, drink less alcohol, etc. (always, usually)	18+	%	2011	31	33	29	32

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Health Outcomes							
Moderate to high level of mental fitness (having a positive sense of how they feel, think and act)	Children (Grade 4 and 5)	%	2010-2011	75	74	83	80
	Youth (Grade 6 to 12)	%	2009-2010	82	75	76	77
See their mental health as being very good or excellent	18 to 64 years old	%	2009-2011	69	70	72	71
	Seniors (65+)	%	2009-2011	62	60	61	59
See their health as being very good or excellent	18 to 64 years old	%	2011	63	55	64	57
	Seniors (65+)	%	2011	44	42	37	38
Chronic Health Conditions:							
Emphysema or COPD	18+	%	2011	3	4	3	3
Diabetes	18+	%	2011	9	11	8	9
Asthma	18+	%	2011	10	11	11	10
High blood pressure or hypertension	18+	%	2011	25	26	23	26
Arthritis	18+	%	2011	16	23	16	18
Cancer	18+	%	2011	7	8	6	7
Chronic Pain	18+	%	2011	15	17	14	15
Depression	18+	%	2011	14	15	14	13
Gastric reflux (GERD)	18+	%	2011	17	15	18	16
Heart Disease	18+	%	2011	8	9	8	8
Mood disorder other than depression	18+	%	2011	3	3	3	3
Stroke	18+	%	2011	2	2	2	2
Median Age of Death :							
Male	All	Age	2007-2009	77	76	78	76
Female	All	Age	2007-2009	84	83	83	83
Both	All	Age	2007-2009	81	80	81	80

Complete profile and technical information: www.nbhc.ca/community-profiles

Worse than NB average

n/a = Not available

F = Too unreliable to be published

*= No comparison made with NB average