New Brunswick Health Council



Drummond, Grand Falls / Grand Sault, Notre-Dame-de-Lourdes, Saint-André, Sainte-Anne, Sainte-Anne-de-Madawaska, Saint-Léonard

n = 347 n = 13,614

	11 - 347	11 - 13,014		
Demographic Profile ¹		2014 (%)	NB (%)	
	18-34	22.9	24.3	
Ago Croup	35-54	38.1	36.7	
Age Group	55-64	19.1	18.7	
	65+	19.9	20.3	
Canadan	Male	48.8	48.0	
Gender	Female	51.2	52.0	
	High school or less	46.9	38.7	
Education Level	College/Technical diploma	26.2	31.4	
Level	University degree	26.9	29.9	
Aboriginal	Yes	1.6	3.0	
Preferred	English	31.5	74.6	
Language of Service	French	68.5	25.4	
	Less than \$25,000	26.3	19.9	
Household Income	\$25,000 - \$59,999	36.6	35.5	
meome	\$60,000 or more	37.1	44.6	
	Employed	54.8	54.6	
Employment	Unemployed/Seasonal	5.8	7.3	
Status	Retired	22.8	24.7	
	Other	16.7	13.5	

Population (18 and over) based on 2011 Census: 12,885

Confidence interval calculated at a 95% level of confidence.

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

	n =357	n = 347	n = 13,614
Health Services Barriers	2011 (%)	2014 (%)	NB (%)
Health services not available in your area when needed	35.2	27.8	17.4
Treatiti services not available in your area when needed	(30.3 - 40.2)	(23.1 – 32.4)	(16.7 - 18.0)
Transportation problems	7.5 ^E	7.3 ^E	7.1
Transportation prosterns	(4.8 - 10.2)	(4.6 - 10.0)	(6.6 - 7.5)
Language problems with health care provider	13.0	5.3 ^E	4.2
zangaage problems with health care provide.	(9.5 -16.4)	(3.0 - 7.7)	(3.9 - 4.6)
Cost for medication too high	59.5	51.3	35.2
Cost for incurcation too riigh	(54.4 – 64.6)	(46.1-56.6)	(34.3 – 36.0)
Cost for treatments or procedures too high	27.9	36.3	19.9
cost for treatments of procedures too high	(23.0 - 32.8)	(31.1 – 41.5)	(19.2 - 20.6)
Cost for ambulance services too high	47.5	34.6	21.7
cost for ambalance services too mgn	(41.3 -53.7)	(28.8 - 40.3)	(20.9 - 22.4)
Unable to leave the house because of health problems	14.8	11.3	12.5
oriable to leave the flouse secause of fleath problems	(11.1 - 18.4)	(8.0 - 14.6)	(11.9 - 13.0)
Have trouble finding their way around the health care	15.0	6.8 ^E	9.3
system	(11.3 - 18.7)	(4.1 - 9.4)	(8.8 - 9.8)
Difficulty understanding written information about			
medical condition or prescription	19.3	11.0	9.4
(% always or usually)	(15.1 - 23.5)	(7.7 - 14.3)	(8.9 - 9.9)
How often was a medical condition or prescription			
explained to you in a way that you could understand?	81.2	89.6	91.0
(% always or usually)	(77.2 - 85.3)	(86.4 – 92.8)	(90.6 – 91.5)
Things that contribute a lot to feelings of stress			
Time massives / not enquel time	Nint Assettate	39.2	40.9
Time pressures / not enough time	Not Available	(34.1 - 44.3)	(40.1 – 41.7)
Hankle of family manuscript	Not Available	34.5	38.1
Health of family members	Not Available	(29.6 – 39.5)	(37.3 - 38.9)
Your own work situation (ex: hours of work, or working	Not Available	34.1	34.2
conditions)	NOT Available	(29.1 – 39.0)	(33.4 – 35.0)

¹Based on survey respondents, weighted by age and gender

^E Use with caution (coefficient of variation between 16.6% and 33.3%)

FToo unreliable to be published (coefficient of variation greater than 33.3%)

n = 357 n = 347 n = 13,614

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Health Profile	2011 (%)	2014 (%)	NB (%)	
Self-rated Health (% very good or excellent)	48.5	40.8	50.5	
Self-lated fleattif (% very good of excellent)	(43.3 – 53.7)	(35.7 - 45.9)	(49.6 - 51.3)	
Self-rated mental or emotional health	Not Available	61.2	65.4	
(% very good or excellent)	NOT Available	(56.1 – 66.2)	(64.6 - 66.2)	
"My health largely depends on how well I take	51.0	45.2	55.2	
care of myself" (% strongly agree)	(45.8 – 56.2)	(40.0 - 50.4)	(54.4 – 56.0)	
Number of prescription medications taken on a	17.0	18.1	15.2	
regular basis ³ (% 6 or more)	(12.2 – 21.8)	(12.8 - 23.5)	(14.5 – 15.9)	
Discuss regularly with a health professional on	20.5	27.5	25.4	
improving health or preventing illness	29.5	27.5	25.4	
(% always or usually)	(24.7 – 34.3)	(22.8 – 32.2)	(24.7 – 26.1)	
How long have you been seeing the same family	78.1	77.2	73.0	
doctor? (% 5 years or more)	(73.8 – 82.4)	(72.7 – 81.8)	(72.2 – 73.7)	
Are you limited in doing activities because of a				
physical or mental condition, or a health	Not Available	25.4	22.1 (21.4 – 22.8)	
problem? (% yes)	Available	(20.9 – 29.9)		
Memory Loss				
Someone in household has a memory problem	Not	10.9	9.9	
Someone in nousehold has a memory problem	Available	(7.7 - 14.2)	(9.4 - 10.4)	
that interferes with day to day function	Not	2.5 ^E	3.9	
·	Available	(0.9 - 4.2)	(3.6 - 4.2)	
Health Behaviours				
Eating fruits and vegetables	Not Available	51.4	50.4	
(% 5 portions or more a day)	110t / (Valiable	(46.2 - 56.7)	(49.5 – 51.2)	
Moderate or vigorous physical activity	Not Available	43.8	49.0	
(% at least 2 ½ hours a week)	.4007.1741141016	(38.7 – 49.0)	(48.1 – 49.8)	
Current smoker	Not Available	25.0	19.2	
(% daily or occasional)		(20.5 - 29.5)	(18.5 – 19.8)	
Unhealthy weight	Not Available	31.8	30.8	
(% obese)		(26.8 - 36.8)	(30.0 - 31.6)	

¹ Self-reported based on survey respondents

↑ = Higher than 2011 results ↓ = Lower than 2011 results

	n = 357	n = 347	n = 347	n = 13,614
Chronic Health Conditions ¹	2011 (%)	2014 (%)	2014 ² (#)	NB (%)
One or more chronic health conditions ³	53.7 (48.4 – 59.0)	57.7 (52.6 – 62.8)	7,432	61.6 (60.8 – 62.4)
High blood pressure	28.4 (23.8 – 33.0)	24.5 (20.0 – 29.0)	3,159	27.0 (26.2 – 27.7)
Chronic pain	15.7 (12.0 – 19.4)	16.8 (12.9 – 20.7)	2,163	14.0 (13.5 – 14.6)
Arthritis	15.8 (12.1 – 19.6)	15.1 (11.4 – 18.9)	1,951	17.4 (16.8- 18.0)
Gastric Reflux (GERD)	16.3 (12.5 – 20.1)	13.8 (10.2 – 17.4)	1,775	16.4 (15.8 – 17.0)
Diabetes	9.0 ^E (6.1 – 12.0)	10.9 (7.7 – 14.1)	1,403	10.7 (10.1 – 11.2)
Heart disease	10.8 (7.6 – 14.0)	10.3 (7.1 – 13.5)	1,329	8.3 (7.9 – 8.8)
Depression	12.9 (9.5 – 16.3)	10.1 (7.0 – 13.2)	1,300	14.9 (14.3 – 15.5)
Cancer	5.2 E (2.9 – 7.5)	8.6 ^E (5.7 – 11.5)	1,112	8.3 (7.8 – 8.7)
Asthma	7.8 ^E (5.0 – 10.5)	8.2 ^E (5.3 – 11.0)	1,051	11.8 (11.3 – 12.4)
Mood disorder other than depression	F	3.8 ^E (1.8 – 5.8)	492	3.0 (2.7 – 3.2)
Stroke	F	3.4 ^E (1.5 - 5.3)	436	2.5 (2.2 – 2.8)
			I	

Confidence interval calculated at a 95% level of confidence.

Emphysema or COPD

Symbols $\pmb{\uparrow}$ and $\pmb{\Psi}$ indicate a statistically significant difference at the 95% level of confidence.

5.2 ^E

(2.9 - 7.5)

2.7^E

(1.0 - 4.3)

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

3.0

(2.7 - 3.3)

344

² Estimated number of citizens who have the selected chronic health condition

³ Among the twelve chronic health conditions listed in table located at the right of this page.

^E Use with caution (coefficient of variation between 16.6% and 33.3%)

F Too unreliable to be published (coefficient of variation greater than 33.3%)

B = Better than 2011 results **W** = Worse than 2011 results

n=347

1 to 33

n=13,614

n=357

Primary Health Indicator 2011 2014 Rank² NB

Accessibility

The ability of patients/clients to obtain care/service at the right place and the right time, based on respective needs, in the official language of their choice

	יו	ne ability of patients/clients to obtain care/service at the right place and the right time, based on respective needs, in the official language of their choice						lice
	A-1	Has a personal family doctor (% yes)			97.9 (96.4 - 99.4)	w 92.1 (89.3 – 94.9)	22	92.1 (91.7 - 92.5)
Family Doctor	A-2	Calling family doctor's office during regular practice hours (% very easy or somewhat easy)			82.0 (78.0 - 86.0)	89.4 (86.0 – 92.8)	3	78.3 (77.6 - 79.0)
	A-3	Family doctor has extended office hours (after 5pm or on weekends) (% yes)			Not available	12.5 (8.9 - 16.1)	23	16.2 (15.6 - 16.8)
Personal Fa	A-4	Family doctor has an after-hour arrangement when office is closed (% yes)			10.6 (7.4 - 13.8)	12.0 (8.5 - 15.5)	25	18.2 (17.5 - 18.9)
Pers	A-5	How quickly appointment can be made with family doctor	(% on same day or	next day)	30.0 (25.2 - 34.8)	30.2 (25.1 - 35.3)	18	30.1 (29.3 - 30.9)
			(% within 5 days)		40.3 (35.0 – 45.6)	49.0 (43.4 - 54.6)	27	60.3 (59.4 - 61.2)
	A-6	Nurse working with family doctor who is regularly involved in health care (% yes) Has access to a primary health team ³ (% yes)			12.9 (9.5 – 16.4)	15.5 (11.5 – 19.4)	31	27.5 (26.7 – 28.3)
	A-7				21.3 (17.0 - 25.6)	15.4 (11.7 - 19.1)	31	28.5 (27.8 - 29.2)
	A-8	Wait time at the hospital emergency department (% less than 4 hours)		80.9 (75.5 - 86.3)	85.5 (80.7 - 90.3)	7	73.9 (72.7 - 75.1)	
	A-9	How often citizens received the health care service they neede	d in the	English ⁴	74.6 (67.4 - 81.8)	81.0 (73.1 - 88.9)	-	95.2 (94.8 - 95.6)
		official language of their choice (% who always received service in language of preference)		French ⁴	83.2 (77.9 - 88.5)	76.5 (70.7 - 82.3)	-	72.6 (71.0 - 74.2)

² Indicator rank across 33 communities, from best (1) to worst (33)

Confidence interval calculated at a 95% level of confidence.

Symbols **B** and **W** indicate a statistically significant difference at the 95% level of confidence.

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

³ Primary health team: Has access to a family doctor and has access to either a nurse practitioner or a nurse or other health professionals at their family doctor's office

⁴ Preferred language of service as indicated by respondent in the survey

^F Too unreliable to be published (coefficient of variation greater than 33.3%)

B = Better than 2011 results **W** = Worse than 2011 results

n=347

1 to 33

n=13.614

n=357

		n=35/	n=347	1 to 33	n=13,614
	Primary Health Indicator	2011	2014	Rank ²	NB
Appr	opriateness				
Care/s	service provided is relevant to the patients'/clients' needs and based on established standards				
Q-1	Adults 65 and over who received their flu shot in the last year (% yes)	Not available	59.1 (43.5 - 74.7)	29	70.6 (69.2 - 72.0)
Q-2	Adults with one or more of four select chronic health conditions ⁵ who had measurements for blood pressure in the past 12 months (% yes)	91.6 (87.0 – 96.2)	89.1 (83.2 - 95.0)	22	91.3 (90.6 - 92.0)
Q-3	Adults with one or more of four select chronic health conditions ⁵ who had measurements for cholesterol in the past 12 months (% yes)	82.5 (76.2 – 88.8)	81.8 (74.4 - 89.2)	6	76.3 (75.2 - 77.4)
Q-4	Adults with one or more of four select chronic health conditions ⁵ who had measurements for blood sugar in the past 12 months (% yes)	86.2 (80.4 – 91.9)	78.1 (70.2 - 86.0)	10	73.9 (72.8 - 75.0)
Q-5	Adults with one or more of four select chronic health conditions ⁵ who had measurements for body weight in the past 12 months (% yes)	59.4 (51.3 – 67.4)	57.9 (48.5 - 67.3)	18	59.3 (58.0 - 60.6)
Q-6	How often family doctor helps citizens coordinate the care from other health care providers and places (% always)	65.8 (59.7 – 71.9)	67.9 (61.1 - 74.7)	23	70.7 (69.7 - 71.7)
Effec	tiveness				
Care/s	service, intervention or action achieves the desired results				
Q-7	Citizens with a chronic health condition who are confident in controlling and managing their health condition (% very confident)	32.3 (26.1 – 38.5)	36.5 (29.8 - 43.2)	30	42.2 (41.2 - 43.2)
Safet Poten	y tial risks of an intervention or the environment are avoided or minimized				
Q-8	Citizens with a chronic health condition ⁷ who know what each of their prescribed medications do (% strongly agree)	40.1 (33.3 - 46.9)	32.0 (24.9 - 39.1)	25	47.7 (46.6 - 48.8)
Q-9	Was harmed due to a medical error or mistake as a result of health care services received in the last 12 months (excluding hospital stay) (% yes)	5.4 ^{E,6} (3.0 – 7.7)	F	-	2.7 ⁶ (2.4 - 3.0)

² Indicator rank across 33 communities, from best (1) to worst (33)

Confidence interval calculated at a 95% level of confidence.

Symbols **B** and **W** indicate a statistically significant difference at the 95% level of confidence.

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

⁵ Self-reported by respondent: Diabetes, heart disease, stroke or high blood pressure

⁶ For this type of indicator, a "better" result is achieved when the indicator has a "lower" value

⁷ Self-reported by respondent: Arthritis, asthma, cancer, chronic pain, depression, diabetes, emphysema or COPD, gastric reflux (GERD), heart disease, high blood pressure or hypertension, mood disorder other than depression, or stroke

^E Use with caution (coefficient of variation between 16.7% and 33.3%)

F Too unreliable to be published (coefficient of variation greater than 33.3%)

B = Better than 2011 results **W** = Worse than 2011 results

n=347

1 to 33

n=13,614

n=357

Primary Health Indicator 2011 2014 Rank² NB Efficiency Achieving the desired results with the most cost-effective use of resources 35.2^{6} 11.5^{6} Model of care used most often when sick or in need of care from a health professional 34.3^{6} Q-10 31 (% hospital emergency department) (30.2 - 40.2)(29.3 - 39.3)(11.0 - 12.0)8.3 ^E 7.4 13.4 Has used **Tele-Care** or other telephone information lines in the last 12 months (% yes) 8 Q-11 (9.9 - 16.9)(5.4 - 11.2)(7.0 - 7.8)Use of services Using primary health services in the last 12 months 84.0 76.4 80.3 Visited a personal family doctor (% yes) 26 (80.2 - 87.8)(72.0 - 80.8)(79.6 - 81.0) 57.3 60.3 41.3 3 Visited a hospital emergency department (% yes) (52.2 - 62.4)(55.2 - 65.4)(40.5 - 42.1)53.4 56.4 Visited a specialist (% yes) U-3 Not available 24 (48.2 - 58.6)(55.6 - 57.2)5.3^E 6.1^E 24.3 U-4 Visited an after-hours clinic or a walk-in clinic (% ves) 33 (23.6 - 25.0)(3.0 - 7.6)(3.6 - 8.6)35.0 25.2 Visited an alternative practitioner (% yes) 2 U-5 Not available (30.0 - 40.0)(24.5 - 25.9)2.7^E 4.3 ^E 6.9 U-6 Visited a community health centre (% yes) 24 (1.0 - 4.4)(2.2 - 6.4)(6.5 - 7.3)6.8^E 9.0^E 5.7 U-7 Used ambulance services (% yes) 18 (4.2 - 9.4)(6.0 - 12.0)(5.3 - 6.1)4.8 ^E 7.7 Visited a nurse practitioner (% yes) F U-8 26 (2.6 - 7.0)(7.3 - 8.1)24.0 23.7 Visited a health professional at a **private clinic** (% yes) Not available 14 (19.6 - 28.4)(23.0 - 24.4)

Confidence interval calculated at a 95% level of confidence.

Symbols **B** and **W** indicate a statistically significant difference at the 95% level of confidence.

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

² Indicator rank across 33 communities. Under "efficiency" the rank is from best (1) to worst (33). Under "use of services" the rank is from highest (1) to lowest (33).

⁶ For this type of indicator, a "better" result is achieved when the indicator has a "lower" value

^E Use with caution (coefficient of variation between 16.7% and 33.3%)

^F Too unreliable to be published (coefficient of variation greater than 33.3%)

B = Better than 2011 results **W** = Worse than 2011 results

n=357 n=347 1 to 33 n=13,614**Primary Health Indicator** Rank² NB 2011 2014 Communication/Relationship with personal family doctor 79.5 75.7 80.2 How often family doctor **explains things** in a way that is easy to understand (% always) C-1 27 (74.8 - 84.1)(70.6 - 80.8)(79.5 - 80.9)61.0 57.4 68.2 How often family doctor involves citizens in decisions about their health care (% always) 26 C-2 (55.6 - 66.4)(51.4 - 63.4)(67.3 - 69.1)How often family doctor gives citizens enough time to discuss feelings, fears and concerns 71.9 64.3 69.4 28 about their health (% always) (58.8 - 69.7)(63.5 - 75.3)(71.0 - 72.8)Satisfaction (Overall rating of primary health services. When rating is described as "% 8, 9 or 10", this is based on a scale of zero to 10.) 56.9 **B** 67.9 67.9 Overall health care services received in New Brunswick (% 8, 9 or 10) 16 S-1 (51.7 - 62.1)(63.0 - 72.8)(67.1 - 68.7)79.1 84.1 83.9 18 Services from personal family doctor (% 8, 9 or 10) (74.7 - 83.5)(79.7 - 88.5)(83.2 - 84.6)53.5 53.4 43.0 S-3 Services at the **hospital emergency department** (% 8, 9 or 10) 16 (36.2 - 49.8)(46.7 - 60.3)(52.1 - 54.7)81.8 82.0 Services from specialist (% 8, 9 or 10) 15 S-4 Not available (76.1 - 87.5)(81.2 - 82.8)52.8^E 73.8 73.3 S-5 Services at an after-hours clinic or walk-in clinic (% 8, 9 or 10) 16 (30.9 - 74.7)(57.2 - 90.4)(71.6 - 75.0)89.6 87.3 Services from alternative practitioner (% 8, 9 or 10) Not available 11 (84.5 - 94.7)(86.2 - 88.4)64.5 E 93.0 76.2 3 Services at a **community health centre** (% 8, 9 or 10) S-7 (79.6 - 100.0)(73.6 - 78.8)(37.4 - 91.6)76.5 98.5 87.5 Ambulance services (% 8, 9 or 10) 3 S-8 (93.5 - 100.0)(59.2 - 93.8)(85.3 - 89.7)85.8 S-9 Services from nurse practitioner (% 8, 9 or 10) Suppressed⁸ Suppressed⁸ (83.7 - 87.9)88.1 82.9 Services at a private clinic (% 8, 9 or 10) 6 Not available S-10 (81.3 - 94.9) (81.6 - 84.2) 93.8 89.3 89.1 Evaluation of Tele-Care services (% very or somewhat helpful) 20 S-11 (86.4 - 100.0) (78.0 - 100.0) (87.2 - 91.4) Evaluation of care received for mental or emotional health 97.3 w 77.5 90.8 S-12 33 (66.2 - 88.8) (89.6 - 92.0) (among citizens who have talked to a health professional) (% very or somewhat helpful) (93.1 - 100.0)Wait time from **booking appointment** to seeing **specialist** 78.0 80.5 S-13 Not available 26 (among citizens who have seen a specialist) (% very or somewhat satisfied) (71.9 - 84.1)(79.6 - 81.4)

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

Confidence interval calculated at a 95% level of confidence.

Symbols ${\bf B}$ and ${\bf W}$ indicate a statistically significant difference at the 95% level of confidence.

² Indicator rank across 33 communities, from best (1) to worst (33)

⁸ Results suppressed due to limited number of nurse practitioners