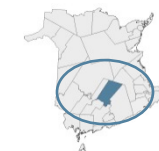


Minto, Chipman, Cambridge-Narrows Area

Cambridge, Cambridge-Narrows, Canning, Chipman, Cumberland Bay, Douglas Harbour, Gaspereau Forks, Jemseg, Lakeville Corner, Mill Cove, Minto, Northfield, Ripples, Sheffield, Waterborough, Whites Cove, Youngs Cove



n = 347

n = 13,614

Demographic Profile ¹		2014 (%)	NB (%)
Age Group	18-34	15.1	24.3
	35-54	33.4	36.7
	55-64	21.9	18.7
	65+	29.5	20.3
Gender	Male	48.8	48.0
	Female	51.2	52.0
Education Level	High school or less	47.7	38.7
	College/Technical diploma	32.4	31.4
	University degree	19.9	29.9
Aboriginal	Yes	0.3	3.0
Preferred Language of Service	English	97.7	74.6
	French	2.3	25.4
Household Income	Less than \$25,000	23.7	19.9
	\$25,000 - \$59,999	44.8	35.5
	\$60,000 or more	31.4	44.6
Employment Status	Employed	43.7	54.6
	Unemployed/Seasonal	7.3	7.3
	Retired	33.2	24.7
	Other	15.8	13.5

Population (18 and over) based on 2011 Census: 7,835

Confidence interval calculated at a 95% level of confidence.

Sample size shown represents total number of respondents.
Exact number of respondents varies per survey indicator.

n = 297

n = 347

n = 13,614

Health Services Barriers	2011 (%)	2014 (%)	NB (%)
Health services not available in your area when needed	22.5 (17.7 – 27.2)	21.8 (17.5 – 26.1)	17.4 (16.7 – 18.0)
Transportation problems	8.8 ^E (5.6 – 12.0)	9.9 (6.8 – 13.0)	7.1 (6.6 – 7.5)
Language problems with health care provider	F	F	4.2 (3.9 – 4.6)
Cost for medication too high	49.4 (43.7 – 55.1)	37.1 (32.1 – 42.1)	35.2 (34.3 – 36.0)
Cost for treatments or procedures too high	18.7 (14.1 – 23.2)	16.7 (12.8 – 20.7)	19.9 (19.2 – 20.6)
Cost for ambulance services too high	35.7 (29.5 – 41.9)	22.0 (17.3 – 26.7)	21.7 (20.9 – 22.4)
Unable to leave the house because of health problems	15.9 (11.8 – 20.0)	17.7 (13.7 – 21.6)	12.5 (11.9 – 13.0)
Have trouble finding their way around the health care system	12.9 (9.1 – 16.6)	9.7 (6.7 – 12.8)	9.3 (8.8 – 9.8)
Difficulty understanding written information about medical condition or prescription (% always or usually)	13.5 (9.5 – 17.5)	10.5 (7.3 – 13.8)	9.4 (8.9 – 9.9)
How often was a medical condition or prescription explained to you in a way that you could understand? (% always or usually)	91.3 (88.1 – 94.5)	95.7 (93.6 – 97.8)	91.0 (90.6 – 91.5)
Things that contribute a lot to feelings of stress			
Health of family members	Not Available	36.7 (31.8 – 41.7)	38.1 (37.3 – 38.9)
Time pressures / not enough time	Not Available	35.0 (30.1 – 40.0)	40.9 (40.1 – 41.7)
Your financial situation (ex: not enough money, or debt)	Not Available	34.6 (29.6 – 39.5)	33.5 (32.7 – 34.2)

¹Based on survey respondents, weighted by age and gender

^E Use with caution (coefficient of variation between 16.6% and 33.3%)

^F Too unreliable to be published (coefficient of variation greater than 33.3%)

Minto, Chipman, Cambridge-Narrows Area

↑ = Higher than 2011 results
 ↓ = Lower than 2011 results

	n = 297	n = 347	n = 13,614
Health Profile	2011 (%)	2014 (%)	NB (%)
Self-rated Health (% very good or excellent)	45.4 (39.7 – 51.1)	37.9 (32.9 – 42.9)	50.5 (49.6 – 51.3)
Self-rated mental or emotional health (% very good or excellent)	Not Available	54.6 (49.5 – 59.7)	65.4 (64.6 – 66.2)
“My health largely depends on how well I take care of myself” (% strongly agree)	52.0 (46.3 – 57.7)	53.6 (48.4 – 58.7)	55.2 (54.4 – 56.0)
Number of prescription medications taken on a regular basis ³ (% 6 or more)	13.1 ^E (8.7 – 17.5)	19.6 (14.9 – 24.3)	15.2 (14.5 – 15.9)
Discuss regularly with a health professional on improving health or preventing illness (% always or usually)	30.5 (25.1 – 35.9)	34.2 (29.2 – 39.1)	25.4 (24.7 – 26.1)
How long have you been seeing the same family doctor? (% 5 years or more)	79.4 (74.8 – 84.0)	78.2 (73.7 – 82.7)	73.0 (72.2 – 73.7)
Are you limited in doing activities because of a physical or mental condition, or a health problem? (% yes)	Not Available	35.2 (30.3 – 40.1)	22.1 (21.4 – 22.8)
Memory Loss			
Someone in household has a memory problem	Not Available	15.1 (11.4 – 18.8)	9.9 (9.4 – 10.4)
...that interferes with day to day function	Not Available	4.5 ^E (2.3 – 6.6)	3.9 (3.6 – 4.2)
Health Behaviours			
Eating fruits and vegetables (% 5 portions or more a day)	Not Available	45.4 (40.3 – 50.5)	50.4 (49.5 – 51.2)
Moderate or vigorous physical activity (% at least 2 ½ hours a week)	Not Available	55.8 (50.7 – 60.9)	49.0 (48.1 – 49.8)
Current smoker (% daily or occasional)	Not Available	19.7 (15.6 – 23.8)	19.2 (18.5 – 19.8)
Unhealthy weight (% obese)	Not Available	41.8 (36.6 – 47.0)	30.8 (30.0 – 31.6)

	n = 297	n = 347	n = 347	n = 13,614
Chronic Health Conditions ¹	2011 (%)	2014 (%)	2014 ² (#)	NB (%)
One or more chronic health conditions ³	68.5 (63.2 – 73.8)	70.5 (65.8 – 75.2)	5,525	61.6 (60.8 – 62.4)
High blood pressure	31.7 (26.5 – 36.9)	33.6 (28.8 – 38.5)	2,635	27.0 (26.2 – 27.7)
Arthritis	28.3 (23.3 – 33.4)	26.2 (21.7 – 30.8)	2,054	17.4 (16.8 – 18.0)
Gastric Reflux (GERD)	19.1 (14.7 – 23.5)	19.4 (15.3 – 23.5)	1,518	16.4 (15.8 – 17.0)
Chronic pain	17.7 (13.5 – 22.0)	17.2 (13.3 – 21.1)	1,350	14.0 (13.5 – 14.6)
Depression	10.0 ^E (6.7 – 13.4)	14.9 (11.2 – 18.6)	1,168	14.9 (14.3 – 15.5)
Diabetes	12.6 (8.9 – 16.3)	14.3 (10.7 – 17.9)	1,123	10.7 (10.1 – 11.2)
Heart disease	8.5 ^E (5.4 – 11.7)	13.2 (9.7 – 16.7)	1,033	8.3 (7.9 – 8.8)
Asthma	12.2 (8.5 – 15.8)	12.6 (9.2 – 16.0)	985	11.8 (11.3 – 12.4)
Cancer	7.1 ^E (4.2 – 10.0)	9.7 (6.7 – 12.8)	761	8.3 (7.8 – 8.7)
Emphysema or COPD	F	4.7 ^E (2.5 – 6.9)	370	3.0 (2.7 – 3.3)
Mood disorder other than depression	F	3.2 ^E (1.4 – 5.0)	250	3.0 (2.7 – 3.2)
Stroke	F	2.9 ^E (1.2 – 4.7)	229	2.5 (2.2 – 2.8)

Confidence interval calculated at a 95% level of confidence.

Symbols ↑ and ↓ indicate a statistically significant difference at the 95% level of confidence.

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

¹ Self-reported based on survey respondents

² Estimated number of citizens who have the selected chronic health condition

³ Among the twelve chronic health conditions listed in table located at the right of this page.

^E Use with caution (coefficient of variation between 16.6% and 33.3%)

^F Too unreliable to be published (coefficient of variation greater than 33.3%)

Minto, Chipman, Cambridge-Narrows Area

B = Better than 2011 results
W = Worse than 2011 results

n=297 n=347 1 to 33 n=13,614

Primary Health Indicator		2011	2014	Rank ²	NB		
Accessibility							
The ability of patients/clients to obtain care/service at the right place and the right time, based on respective needs, in the official language of their choice							
Personal Family Doctor	A-1	Has a personal family doctor (% yes)	95.1 (92.6 - 97.6)	90.6 (87.6 - 93.6)	25	92.1 (91.7 - 92.5)	
	A-2	Calling family doctor's office during regular practice hours (% very easy or somewhat easy)	83.0 (78.6 - 87.4)	B 90.9 (87.7 - 94.1)	2	78.3 (77.6 - 79.0)	
	A-3	Family doctor has extended office hours (after 5pm or on weekends) (% yes)	Not available	13.3 (9.6 - 17.0)	20	16.2 (15.6 - 16.8)	
	A-4	Family doctor has an after-hour arrangement when office is closed (% yes)	12.6 (8.7 - 16.5)	14.2 (10.4 - 18.0)	17	18.2 (17.5 - 18.9)	
	A-5	How quickly appointment can be made with family doctor	(% on same day or next day)	31.6 (26.2 - 37.0)	32.1 (26.8 - 37.4)	13	30.1 (29.3 - 30.9)
			(% within 5 days)	64.6 (59.0 - 70.2)	66.5 (61.2 - 71.8)	8	60.3 (59.4 - 61.2)
	A-6	Nurse working with family doctor who is regularly involved in health care (% yes)	39.6 (34.0 - 45.1)	34.1 (28.9 - 39.3)	7	27.5 (26.7 - 28.3)	
	A-7	Has access to a primary health team ³ (% yes)	45.4 (39.7 - 51.1)	W 33.9 (29.0 - 38.8)	10	28.5 (27.8 - 29.2)	
	A-8	Wait time at the hospital emergency department (% less than 4 hours)	81.0 (73.8 - 88.2)	90.1 (85.3 - 94.9)	2	73.9 (72.7 - 75.1)	
A-9	How often citizens received the health care service they needed in the official language of their choice (% who always received service in language of preference)	English ⁴	99.1 (98.0 - 100.0)	97.4 (95.7 - 99.1)	-	95.2 (94.8 - 95.6)	
		French ⁴	F	F	-	72.6 (71.0 - 74.2)	

² Indicator rank across 33 communities, from best (1) to worst (33)

³ Primary health team: Has access to a family doctor and has access to either a nurse practitioner or a nurse or other health professionals at their family doctor's office

⁴ Preferred language of service as indicated by respondent in the survey

^E Use with caution (coefficient of variation between 16.7% and 33.3%)

^F Too unreliable to be published (coefficient of variation greater than 33.3%)

Confidence interval calculated at a 95% level of confidence.

Symbols **B** and **W** indicate a statistically significant difference at the 95% level of confidence.

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

Minto, Chipman, Cambridge-Narrows Area

B = Better than 2011 results
W = Worse than 2011 results

n=297 n=347 1 to 33 n=13,614

Primary Health Indicator		2011	2014	Rank ²	NB
Appropriateness					
Care/service provided is relevant to the patients'/clients' needs and based on established standards					
Q-1	Adults 65 and over who received their flu shot in the last year (% yes)	Not available	71.7 (64.6 - 78.8)	15	70.6 (69.2 - 72.0)
Q-2	Adults with one or more of four select chronic health conditions ⁵ who had measurements for blood pressure in the past 12 months (% yes)	97.6 (95.0 - 100.0)	98.3 (96.4 - 100.0)	1	91.3 (90.6 - 92.0)
Q-3	Adults with one or more of four select chronic health conditions ⁵ who had measurements for cholesterol in the past 12 months (% yes)	73.5 (65.8 - 81.1)	80.9 (75.0 - 86.8)	8	76.3 (75.2 - 77.4)
Q-4	Adults with one or more of four select chronic health conditions ⁵ who had measurements for blood sugar in the past 12 months (% yes)	73.6 (65.9 - 81.2)	77.8 (71.5 - 84.1)	12	73.9 (72.8 - 75.0)
Q-5	Adults with one or more of four select chronic health conditions ⁵ who had measurements for body weight in the past 12 months (% yes)	61.8 (53.4 - 70.1)	64.0 (56.8 - 71.2)	9	59.3 (58.0 - 60.6)
Q-6	How often family doctor helps citizens coordinate the care from other health care providers and places (% always)	75.9 (69.4 - 82.3)	74.7 (68.7 - 80.7)	8	70.7 (69.7 - 71.7)
Effectiveness					
Care/service, intervention or action achieves the desired results					
Q-7	Citizens with a chronic health condition ⁷ who are confident in controlling and managing their health condition (% very confident)	34.3 (28.1 - 40.5)	37.9 (32.2 - 43.6)	26	42.2 (41.2 - 43.2)
Safety					
Potential risks of an intervention or the environment are avoided or minimized					
Q-8	Citizens with a chronic health condition ⁷ who know what each of their prescribed medications do (% strongly agree)	51.0 (43.8 - 58.2)	37.9 (31.7 - 44.1)	23	47.7 (46.6 - 48.8)
Q-9	Was harmed due to a medical error or mistake as a result of health care services received in the last 12 months (excluding hospital stay) (% yes)	4.1 ^{E,6} (1.9 - 6.3)	F	-	2.7 ⁶ (2.4 - 3.0)

² Indicator rank across 33 communities, from best (1) to worst (33)

⁵ Self-reported by respondent: Diabetes, heart disease, stroke or high blood pressure

⁶ For this type of indicator, a "better" result is achieved when the indicator has a "lower" value

⁷ Self-reported by respondent: Arthritis, asthma, cancer, chronic pain, depression, diabetes, emphysema or COPD, gastric reflux (GERD), heart disease, high blood pressure or hypertension, mood disorder other than depression, or stroke

^E Use with caution (coefficient of variation between 16.7% and 33.3%)

^F Too unreliable to be published (coefficient of variation greater than 33.3%)

Confidence interval calculated at a 95% level of confidence.

Symbols **B** and **W** indicate a statistically significant difference at the 95% level of confidence.

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

Minto, Chipman, Cambridge-Narrows Area

B = Better than 2011 results
W = Worse than 2011 results

n=297 n=347 1 to 33 n=13,614

Primary Health Indicator		2011	2014	Rank ²	NB
Efficiency					
Achieving the desired results with the most cost-effective use of resources					
Q-10	Model of care used most often when sick or in need of care from a health professional (% hospital emergency department)	12.5 ⁶ (8.7 - 16.3)	8.7 ^{E,6} (5.8 - 11.6)	14	11.5 ⁶ (11.0 - 12.0)
Q-11	Has used Tele-Care or other telephone information lines in the last 12 months (% yes)	7.3 ^E (4.3 - 10.3)	4.8 ^E (2.6 - 7.0)	29	7.4 (7.0 - 7.8)
Use of services					
Using primary health services in the last 12 months					
U-1	Visited a personal family doctor (% yes)	83.4 (79.2 - 87.6)	81.1 (77.0 - 85.2)	17	80.3 (79.6 - 81.0)
U-2	Visited a hospital emergency department (% yes)	44.1 (38.5 - 49.7)	43.6 (38.5 - 48.7)	16	41.3 (40.5 - 42.1)
U-3	Visited a specialist (% yes)	Not available	57.9 (52.8 - 63.0)	10	56.4 (55.6 - 57.2)
U-4	Visited an after-hours clinic or a walk-in clinic (% yes)	20.4 (15.8 - 25.0)	23.5 (19.1 - 27.9)	13	24.3 (23.6 - 25.0)
U-5	Visited an alternative practitioner (% yes)	Not available	18.6 (14.6 - 22.6)	29	25.2 (24.5 - 25.9)
U-6	Visited a community health centre (% yes)	22.5 (17.7 - 27.3)	27.2 (22.6 - 31.8)	1	6.9 (6.5 - 7.3)
U-7	Used ambulance services (% yes)	10.3 ^E (6.8 - 13.8)	9.0 ^E (6.0 - 12.0)	7	5.7 (5.3 - 6.1)
U-8	Visited a nurse practitioner (% yes)	F	9.5 ^E (6.5 - 12.5)	11	7.7 (7.3 - 8.1)
U-9	Visited a health professional at a private clinic (% yes)	Not available	21.2 (17.0 - 25.4)	21	23.7 (23.0 - 24.4)

² Indicator rank across 33 communities. Under “efficiency” the rank is from best (1) to worst (33). Under “use of services” the rank is from highest (1) to lowest (33).

⁶ For this type of indicator, a “better” result is achieved when the indicator has a “lower” value

^E Use with caution (coefficient of variation between 16.7% and 33.3%)

^F Too unreliable to be published (coefficient of variation greater than 33.3%).

Confidence interval calculated at a 95% level of confidence.

Symbols **B** and **W** indicate a statistically significant difference at the 95% level of confidence.

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

Minto, Chipman, Cambridge-Narrows Area

B = Better than 2011 results

W = Worse than 2011 results

n=297

n=347

1 to 33

n=13,614

Primary Health Indicator		2011	2014	Rank ²	NB
Communication/Relationship with personal family doctor					
C-1	How often family doctor explains things in a way that is easy to understand (% always)	82.9 (78.1 - 87.8)	85.0 (80.9 - 89.1)	4	80.2 (79.5 - 80.9)
C-2	How often family doctor involves citizens in decisions about their health care (% always)	68.2 (62.5 - 73.9)	72.2 (67.0 - 77.4)	15	68.2 (67.3 - 69.1)
C-3	How often family doctor gives citizens enough time to discuss feelings, fears and concerns about their health (% always)	77.1 (71.8 - 82.5)	76.9 (71.8 - 82.0)	3	71.9 (71.0 - 72.8)
Satisfaction (Overall rating of primary health services. When rating is described as “% 8, 9 or 10”, this is based on a scale of zero to 10.)					
S-1	Overall health care services received in New Brunswick (% 8, 9 or 10)	69.7 (66.4 - 75.0)	61.3 (56.2 - 66.4)	29	67.9 (67.1 - 68.7)
S-2	Services from personal family doctor (% 8, 9 or 10)	85.5 (81.2 - 89.8)	85.3 (81.2 - 89.4)	12	83.9 (83.2 - 84.6)
S-3	Services at the hospital emergency department (% 8, 9 or 10)	66.4 (57.8 - 75.0)	59.2 (51.3 - 67.1)	6	53.4 (52.1 - 54.7)
S-4	Services from specialist (% 8, 9 or 10)	Not available	84.8 (80.0 - 89.6)	6	82.0 (81.2 - 82.8)
S-5	Services at an after-hours clinic or walk-in clinic (% 8, 9 or 10)	69.0 (56.8 - 81.2)	69.7 (59.2 - 80.2)	25	73.3 (71.6 - 75.0)
S-6	Services from alternative practitioner (% 8, 9 or 10)	Not available	90.4 (83.3 - 97.5)	8	87.3 (86.2 - 88.4)
S-7	Services at a community health centre (% 8, 9 or 10)	83.6 (74.7 - 92.5)	75.4 (66.7 - 84.1)	22	76.2 (73.6 - 78.8)
S-8	Ambulance services (% 8, 9 or 10)	88.7 (77.4 - 100.0)	86.8 (74.7 - 98.9)	18	87.5 (85.3 - 89.7)
S-9	Services from nurse practitioner (% 8, 9 or 10)	Suppressed ⁸	Suppressed ⁸	-	85.8 (83.7 - 87.9)
S-10	Services at a private clinic (% 8, 9 or 10)	Not available	79.6 (70.5 - 88.7)	25	82.9 (81.6 - 84.2)
S-11	Evaluation of Tele-Care services (% very or somewhat helpful)	89.6 (77.1 - 100.0)	90.6 (74.7 - 100.0)	18	89.3 (87.2 - 91.4)
S-12	Evaluation of care received for mental or emotional health (among citizens who have talked to a health professional) (% very or somewhat helpful)	94.8 (87.3 - 100.0)	87.1 (78.5 - 95.7)	25	90.8 (89.6 - 92.0)
S-13	Wait time from booking appointment to seeing specialist (among citizens who have seen a specialist) (% very or somewhat satisfied)	Not available	84.4 (79.5 - 89.3)	6	80.5 (79.6 - 81.4)

² Indicator rank across 33 communities, from best (1) to worst (33)

⁸ Results suppressed due to limited number of nurse practitioners

Sample size shown represents total number of respondents.
Exact number of respondents varies per survey indicator.

Confidence interval calculated at a 95% level of confidence.

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