






## Zone 1 comparison (8 communities in NB)




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	Age		Year	Bouctouche	Salisbury	Shediac	Sackville	Riverview	Moncton	Dieppe	Hillsborough	NB
<b>Community Facts</b>												
Population (2011)*	All		2011	19,492	7,469	30,352	11,042	23,529	78,495	28,141	5,317	751,171
Pre-school aged children (0 to 4)*	0 to 4 years old	%	2011	4	5	4	4	5	5	6	4	5
School aged (5 to 19)*	5 to 19 years old	%	2011	15	18	14	15	19	15	17	15	16
Adults (20 to 64)*	20 to 64 years old	%	2011	61	59	63	62	61	65	65	62	62
Seniors (65+)*	65+	%	2011	19	18	19	19	15	15	12	19	16
Single parent family*	All	%	2011	18	15	12	14	14	17	12	14	16
Seniors living alone*	65+	%	2011	22	23	19	22	24	26	19	22	25
 Language most spoken at home - English*	All	%	2011	30	97	26	89	95	72	26	98	68
Language most spoken at home - French*	All	%	2011	62	1	71	2	3	23	69	1	28



<b>Social and Economic Factors</b>												
 Household income - less than \$20,000	All	%	2011	19	13	13	12	9	15	8	18	15
Household income - \$20,000 to \$59,999*	All	%	2011	48	50	40	48	38	42	33	41	41
Household income - \$60,000 and more*	All	%	2011	32	37	48	39	54	43	59	40	44
Spending 30% or more of household total income on shelter costs	All	%	2011	17	15	14	19	18	25	17	16	19
Food insecurity in homes with or without children present, moderate and severe	All	%	2011	12	F	8	F	3	13	8	F	9
Unemployment rate	15+	%	2011	20	10	13	11	7	8	6	17	11
High School Diploma or less	25 to 64 years old	%	2011	58	56	47	41	37	38	30	51	43
Trades, College, CEGEP, or other non-university certificate or diploma*	25 to 64 years old	%	2011	32	34	34	34	38	35	38	40	35
University degree or certificate or above*	25 to 64 years old	%	2011	10	11	19	25	25	27	32	9	22
Getting an education is important to me	Youth (Grade 6 to 12)	%	2009-2010	58	n/a	52	52	57	60	67	n/a	59
School dropout rate	Youth (Grade 6 to 12)	%	2010-2011	3.1	0.7	0.8	0.4	0.8	1.9	1.2	0.3	2.0
Students with part-time jobs outside of school*	Youth (Grade 6 to 12)	%	2009-2010	36	n/a	40	53	38	26	41	n/a	41
Youth who volunteered outside school without being paid, in the last year	Youth (Grade 6 to 12)	%	2009-2010	75	n/a	82	76	76	80	89	n/a	76
Pro-social behaviour (being helpful, respectful, thoughtful, etc.)	Children (Grade 4 and 5)	%	2010-2011	67	68	71	70	75	65	74	76	70
	Youth (Grade 6 to 12)	%	2009-2010	82	n/a	71	79	79	84	87	n/a	80
Have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others)	Youth (Grade 6 to 12)	%	2009-2010	44	n/a	42	47	42	49	56	n/a	46

		Age	Year	Bouctouche	Salisbury	Shediac	Sackville	Riverview	Moncton	Dieppe	Hillsborough	NB	
High levels of oppositional behaviours (being defiant, disrespectful, rude, etc.)	Children (Grade 4 and 5)	%	2010-2011	30	21	31	12	16	19	25	12	22	
	Youth (Grade 6 to 12)	%	2009-2010	27	n/a	24	31	22	19	25	n/a	27	
Has been bullied	Youth (Grade 6 to 12)	%	2009-2010	68	n/a	56	55	62	58	63	n/a	65	
 Crimes against Property	18+	Rate per 10,000	2012	563	553	352	461	387	687	418	365	282	
	Crimes against Persons	18+	Rate per 10,000	2012	412	287	168	251	206	343	149	258	164
	Traffic collisions with injuries or fatalities (motor vehicle and off-road vehicle)	18+	Rate per 10,000	2012	25	57	28	31	26	36	22	36	20
 Sense of community belonging to your community, somewhat strong or very strong	Adults	%	2009-2011	66	73	77	76	73	64	63	73	69	
	Seniors (65+)	%	2009-2011	78	F	94	F	F	84	84	F	79	
Know where to go in my community to get help	Youth (Grade 6 to 12)	%	2009-2010	30	n/a	27	24	26	30	35	n/a	26	
Students perception of healthy living in schools	Enjoy my cultural and family traditions	Youth (Grade 6 to 12)	%	2009-2010	45	n/a	43	41	38	49	48	n/a	41
	Most of the school staff eat healthy food	Youth (Grade 6 to 12)	%	2009-2010	40	n/a	51	46	31	36	25	n/a	31
	School provided access to healthy foods and snacks	Youth (Grade 6 to 12)	%	2009-2010	20	n/a	21	24	23	21	19	n/a	21

Physical Environment													
	Second hand smoke exposure at home	12+	%	2009-2011	10	13	7	8	11	6	2	13	7
	Second hand smoke exposure at in vehicles	12+	%	2009-2011	11	13	11	4	5	5	8	13	9
Occupied dwellings requiring major repairs	n/a	%	2011	12	9	11	12	6	7	4	11	10	
Private residence built before 1960	n/a	%	2011	22	25	21	44	14	25	13	38	27	

Health Behaviours													
	5 or more drinks at one time, at least once in the past 12 months	Youth (Grade 9 to 12)	%	2009-2010	58	n/a	F	54	45	39	54	n/a	51
	5 or more drinks at one time, at least once a month in the past year (heavy drinking)	Adults	%	2009-2011	31	28	23	22	36	29	32	28	25
		Seniors (65+)	%	2009-2011	9	F	19	F	F	4	4	F	6
	At risk of becoming a future smoker	Youth (Grade 6 to 12)	%	2009-2010	21	n/a	39	32	22	26	32	n/a	27
	Current smoker, daily or occasional	Youth (Grade 6 to 12)	%	2009-2010	9	n/a	8	8	7	2	4	n/a	8
		Adults	%	2009-2011	31	26	20	32	34	27	21	26	28
		Seniors (65+)	%	2009-2011	9	F	7	F	F	7	8	F	11
	Marijuana use within the last 12 months	Youth (Grade 9 to 12)	%	2009-2010	39	n/a	F	44	32	21	27	n/a	33

		Age	Year	Bouctouche	Salisbury	Shediac	Sackville	Riverview	Moncton	Dieppe	Hillsborough	NB	
	Eat fruits and vegetables, 5 or more daily	Children (Grade 4 and 5)	%	2010-2011	54	41	52	40	52	49	63	57	51
		Youth (Grade 6 to 12)	%	2009-2010	36	n/a	40	48	41	46	52	n/a	40
		Adults	%	2009-2011	40	31	35	38	35	37	43	31	36
		Seniors (65+)	%	2009-2011	53	F	30	F	F	41	33	F	37
	Eat breakfast daily	Children (Grade 4 and 5)	%	2010-2011	73	72	77	70	76	68	84	57	70
		Youth (Grade 6 to 12)	%	2009-2010	40	n/a	50	36	47	53	55	n/a	41
	Physically active at least 30 minutes 3 or more times per week	Children (Grade 4 and 5)	%	2010-2011	80	82	77	75	83	77	83	83	80
	Physically active at least 90 minutes daily (moderate and hard physical activity)	Youth (Grade 6 to 12)	%	2009-2010	42	n/a	43	46	41	36	35	n/a	40
	Physically active during free-time, moderately active or active daily	Adults	%	2009-2011	53	42	43	58	56	49	50	42	52
		Seniors (65+)	%	2009-2011	53	F	40	F	F	39	44	F	36
	Sedentary activity - 2 hours or less a day (screen time)	Children (Grade 4 and 5)	%	2010-2011	33	38	36	43	39	35	50	36	39
		Youth (Grade 6 to 12)	%	2009-2010	26	n/a	19	30	21	25	27	n/a	25
	Sleep 8 hours or more a night	Youth (Grade 6 to 12)	%	2009-2010	41	n/a	45	28	38	41	22	n/a	29
	Seeing your stress as quite a bit and extreme	Adults	%	2009-2011	32	21	15	21	14	26	24	21	22
	Obese	Adults	%	2009-2011	34	40	28	26	28	25	30	40	27
		Seniors (65+)	%	2009-2011	20	F	33	F	F	30	20	F	20
	Unhealthy weight - overweight or obese	Children (kindergarten to G5)	%	2010-2011	48	33	38	30	33	34	28	40	37
		Youth (Grade 6 to 12)	%	2009-2010	30	n/a	25	22	21	18	17	n/a	23

Health Services – Quality and Access to Services													
	Avoidable Hospitalization	All	Rate per 10,000 population	2009/10-2011/12	37	58	40	52	47	46	28	72	60
	Hospitalization following an injury	0 to 17 years old	Rate per 10,000 population	2009/10-2011/12	46	35	39	47	37	37	35	25	51
		All	Rate per 10,000 population	2009/10-2011/12	57	66	55	81	52	56	43	58	70
	Has a personal family doctor	18+	%	2011	96	98	93	95	90	90	93	84	93
	Talk to a health professional about things you could do to improve your health or prevent illness like stop smoking, drink less alcohol, etc. (always, usually)	18+	%	2011	31	24	28	35	31	31	24	34	32

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<b>Health Outcomes</b>												
Moderate to high level of mental fitness (having a positive sense of how they feel, think and act)	Children (Grade 4 and 5)	%	2010-2011	77	75	83	82	80	75	85	81	80
	Youth (Grade 6 to 12)	%	2009-2010	79	n/a	84	76	77	82	85	n/a	77
See their mental health as being very good or excellent	18 to 64 years old	%	2009-2011	74	69	65	79	69	69	71	69	71
	Seniors (65+)	%	2009-2011	37	F	47	F	F	62	63	F	59
See their health as being very good or excellent	18 to 64 years old	%	2011	48	52	59	59	56	63	63	42	57
	Seniors (65+)	%	2011	30	27	36	41	42	44	38	32	38

**Chronic Health Conditions:**

Emphysema or COPD	18+	%	2011	F	F	F	F	3	3	F	F	3
Diabetes	18+	%	2011	9	12	7	8	10	9	7	15	9
Asthma	18+	%	2011	12	13	10	13	5	10	11	7	10
High blood pressure or hypertension	18+	%	2011	25	24	24	25	27	25	19	29	26
Arthritis	18+	%	2011	20	20	14	21	16	16	11	22	18
Cancer	18+	%	2011	6	10	7	9	6	7	6	7	7
Chronic Pain	18+	%	2011	19	45	12	16	13	15	9	18	15
Depression	18+	%	2011	12	9	13	12	13	14	10	14	13
Gastric reflux (GERD)	18+	%	2011	18	15	16	13	17	17	10	15	16
Heart Disease	18+	%	2011	8	9	6	9	8	8	8	12	8
Mood disorder other than depression	18+	%	2011	F	F	F	F	2	3	F	F	3
Stroke	18+	%	2011	F	F	F	F	2	2	F	F	2

**Median Age of Death :**

Male	All	Age	2007-2009	77	76	78	75	74	77	77	70	76
Female	All	Age	2007-2009	82	84	85	84	83	84	83	80	83
Both	All	Age	2007-2009	79	80	80	81	79	81	80	76	80

Complete profile and technical information: [www.nbhc.ca/community-profiles](http://www.nbhc.ca/community-profiles)

Worse than NB average

n/a = Not available

F = Too unreliable to be published

\*= No comparison made with NB average