












## Zone 3 comparison (8 communities in NB)






[www.nbhc.ca/community-profiles](http://www.nbhc.ca/community-profiles)

	Age		Year	Minto	Oromocto	Fredericton	New Maryland	Nackawic	Douglas	Florenceville-Bristol	Perth-Andover	NB
<b>Community Facts</b>												
Population (2011)*	All		2011	9,273	18,427	56,224	25,846	11,266	15,803	27,019	10,018	751,171
Pre-school aged children (0 to 4)*	0 to 4 years old	%	2011	3	7	5	6	5	6	5	5	5
School aged (5 to 19)*	5 to 19 years old	%	2011	14	19	15	20	17	18	18	19	16
Adults (20 to 64)*	20 to 64 years old	%	2011	58	63	64	63	60	61	60	58	62
Seniors (65 +)*	65+	%	2011	24	11	16	11	18	15	16	18	16
Single parent family*	All	%	2011	15	13	17	13	12	13	15	16	16
Seniors living alone*	65+	%	2011	27	24	26	16	23	21	26	28	25
 Language most spoken at home - English*	All	%	2011	97	92	90	93	97	96	96	93	68
 Language most spoken at home - French*	All	%	2011	1	6	4	5	1	2	1	4	28
<b>Social and Economic Factors</b>												
 Household income - less than \$20,000	All	%	2011	20	11	14	8	18	13	17	22	15
Household income - \$20,000 to \$59,999*	All	%	2011	48	33	40	32	36	40	46	49	41
Household income - \$60,000 and more*	All	%	2011	32	56	46	60	46	47	36	29	44
 Spending 30% or more of household total income on shelter costs	All	%	2011	14	12	25	10	10	13	17	18	19
Food insecurity in homes with or without children present, moderate and severe	All	%	2011	2	F	10	2	14	18	12	F	9
Unemployment rate	15+	%	2011	18	7	8	6	12	14	13	15	11
High School Diploma or less	25 to 64 years old	%	2011	58	49	30	36	42	43	48	56	43
Trades, College, CEGEP, or other non-university certificate or diploma*	25 to 64 years old	%	2011	34	35	26	35	40	35	36	31	35
 University degree or certificate or above*	25 to 64 years old	%	2011	9	15	44	29	18	22	16	13	22
Getting an education is important to me	Youth (Grade 6 to 12)	%	2009-2010	50	53	60	50	50	57	60	57	59
School dropout rate	Youth (Grade 6 to 12)	%	2010-2011	1.6	2.0	2.6	1.1	1.8	0	1.9	2.3	2.0
Students with part-time jobs outside of school*	Youth (Grade 6 to 12)	%	2009-2010	35	43	41	35	46	35	49	65	41
Youth who volunteered outside school without being paid, in the last year	Youth (Grade 6 to 12)	%	2009-2010	79	72	71	79	76	80	74	74	76
Pro-social behaviour (being helpful, respectful, thoughtful, etc.)	Children (Grade 4 and 5)	%	2010-2011	71	67	74	69	67	76	66	66	70
	Youth (Grade 6 to 12)	%	2009-2010	76	76	82	76	77	80	72	60	80
Have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others)	Youth (Grade 6 to 12)	%	2009-2010	38	42	46	38	34	48	49	43	46



			Age	Year	Minto	Oromocto	Fredericton	New Maryland	Nackawic	Douglas	Florenceville-Bristol	Perth-Andover	NB
High levels of oppositional behaviours (being defiant, disrespectful, rude, etc.)	Children (Grade 4 and 5)	%	2010-2011	20	16	19	18	30	20	22	19	22	
	Youth (Grade 6 to 12)	%	2009-2010	29	30	27	29	39	30	27	29	27	
Has been bullied	Youth (Grade 6 to 12)	%	2009-2010	72	68	72	72	64	76	71	72	65	
	Crimes against Property	18+	rate per 10,000	2012	394	370	n/a	223	325	157	n/a	140	282
	Crimes against Persons	18+	rate per 10,000	2012	196	263	n/a	151	195	102	n/a	104	164
	Traffic collisions with injuries or fatalities (motor vehicle and off-road vehicle)	18+	rate per 10,000	2012	38	18	n/a	18	34	26	n/a	5	20
	Sense of community belonging to your community, somewhat strong or very strong	Adults	%	2009-2011	63	56	64	63	70	80	66	82	69
		Seniors (65+)	%	2009-2011	72	F	84	72	F	84	71	F	79
Know where to go in my community to get help	Youth (Grade 6 to 12)	%	2009-2010	22	21	27	22	25	27	24	15	26	
Students perception of healthy living in schools	Enjoy my cultural and family traditions	Youth (Grade 6 to 12)	%	2009-2010	40	35	47	40	36	39	46	31	41
	Most of the school staff eat healthy food	Youth (Grade 6 to 12)	%	2009-2010	47	31	33	47	39	46	30	24	31
	School provided access to healthy foods and snacks	Youth (Grade 6 to 12)	%	2009-2010	28	25	19	28	23	18	36	36	21

Physical Environment													
	Second hand smoke exposure at home	12+	%	2009-2011	7	5	2	7	3	5	11	10	7
	Second hand smoke exposure at in vehicles	12+	%	2009-2011	7	18	5	7	6	9	12	11	9
Occupied dwellings requiring major repairs	n/a	%	2011	13	14	8	7	15	12	12	17	10	
Private residence built before 1960	n/a	%	2011	34	25	25	10	34	24	31	32	27	

Health Behaviours													
	5 or more drinks at one time, at least once in the past 12 months	Youth (Grade 9 to 12)	%	2009-2010	54	57	43	54	49	50	54	53	51
	5 or more drinks at one time, at least once a month in the past year (heavy drinking)	Adults	%	2009-2011	24	40	22	24	19	19	14	29	25
		Seniors (65+)	%	2009-2011	8	F	6	8	F	8	3	8	6
	At risk of becoming a future smoker	Youth (Grade 6 to 12)	%	2009-2010	26	25	23	26	20	35	24	31	27
	Current smoker, daily or occasional	Youth (Grade 6 to 12)	%	2009-2010	13	14	8	13	20	8	7	4	8
		Adults	%	2009-2011	30	27	23	30	42	27	29	30	28
		Seniors (65+)	%	2009-2011	9	F	16	9	F	6	11	7	11
	Marijuana use within the last 12 months	Youth (Grade 9 to 12)	%	2009-2010	27	39	32	27	33	31	34	28	33

			Age	Year	Minto	Oromocto	Fredericton	New Maryland	Nackawic	Douglas	Florenceville-Bristol	Perth-Andover	NB
	Eat fruits and vegetables, 5 or more daily	Children (Grade 4 and 5)	%	2010-2011	44	51	54	46	51	38	43	43	51
		Youth (Grade 6 to 12)	%	2009-2010	29	34	46	29	27	37	35	33	40
		Adults	%	2009-2011	36	21	39	36	23	35	28	44	36
		Seniors (65+)	%	2009-2011	27	F	39	27	F	33	25	F	37
	Eat breakfast daily	Children (Grade 4 and 5)	%	2010-2011	49	67	68	66	66	53	63	54	70
		Youth (Grade 6 to 12)	%	2009-2010	29	36	44	29	30	32	32	30	41
	Physically active at least 30 minutes 3 or more times per week	Children (Grade 4 and 5)	%	2010-2011	82	85	83	80	84	85	83	83	80
	Physically active at least 90 minutes daily (moderate and hard physical activity)	Youth (Grade 6 to 12)	%	2009-2010	46	44	39	46	53	46	41	46	40
	Physically active during free-time, moderately active or active daily	Adults	%	2009-2011	58	60	60	58	42	46	50	45	52
		Seniors (65+)	%	2009-2011	31	F	37	31	F	39	19	F	36
	Sedentary activity - 2 hours or less a day (screen time)	Children (Grade 4 and 5)	%	2010-2011	38	36	48	39	27	37	32	29	39
		Youth (Grade 6 to 12)	%	2009-2010	21	22	27	21	23	33	21	24	25
	Sleep 8 hours or more a night	Youth (Grade 6 to 12)	%	2009-2010	44	26	26	44	38	50	44	46	29
	Seeing your stress as quite a bit and extreme	Adults	%	2009-2011	17	22	23	17	21	24	20	19	22
	Obese	Adults	%	2009-2011	21	36	22	21	30	35	38	28	27
		Seniors (65+)	%	2009-2011	17	F	14	17	F	30	17	F	20
	Unhealthy weight - overweight or obese	Children (kindergarten to G5)	%	2010-2011	45	35	33	35	41	36	41	46	37
		Youth (Grade 6 to 12)	%	2009-2010	30	29	20	30	28	21	36	25	23

### Health Services – Quality and Access to Services

	Avoidable Hospitalization	All	rate per 10,000	2009/10-2011/12	88	51	52	52	60	59	68	77	60
	Hospitalization following an injury	0 to 17 years old	rate per 10,000	2009/10-2011/12	64	48	49	62	62	58	58	76	51
		All	rate per 10,000	2009/10-2011/12	95	64	71	57	89	63	86	94	70
	Has a personal family doctor	18+	%	2011	95	80	91	94	94	94	98	95	93
	Talk to a health professional about things you could do to improve your health or prevent illness like stop smoking, drink less alcohol, etc. (always, usually)	18+	%	2011	30	26	29	31	24	30	31	36	32

	Age	Year	Minto	Oromocto	Fredericton	New Maryland	Nackawic	Douglas	Florenceville-Bristol	Perth-Andover	NB	
<b>Health Outcomes</b>												
Moderate to high level of mental fitness (having a positive sense of how they feel, think and act)	Children (Grade 4 and 5)	%	2010-2011	81	78	83	81	78	81	77	82	80
	Youth (Grade 6 to 12)	%	2009-2010	74	73	76	74	64	79	74	76	77
See their mental health as being very good or excellent	18 to 64 years old	%	2009-2011	78	80	72	78	79	86	67	58	71
	Seniors (65+)	%	2009-2011	66	F	61	66	F	40	54	F	59
See their health as being very good or excellent	18 to 64 years old	%	2011	47	61	64	60	58	55	61	50	57
	Seniors (65+)	%	2011	41	22	37	41	37	36	42	29	38

**Chronic Health Conditions:**

Emphysema or COPD	18+	%	2011	F	F	3	2	F	F	3	6	3
Diabetes	18+	%	2011	13	10	8	9	7	11	11	11	9
Asthma	18+	%	2011	12	11	11	17	7	13	10	9	10
High blood pressure or hypertension	18+	%	2011	32	21	23	19	28	26	23	27	26
Arthritis	18+	%	2011	28	17	16	16	19	19	19	29	18
Cancer	18+	%	2011	7	5	6	7	7	8	6	9	7
Chronic Pain	18+	%	2011	18	13	14	15	18	15	16	19	15
Depression	18+	%	2011	10	15	14	11	12	13	11	15	13
Gastric reflux (GERD)	18+	%	2011	19	15	18	18	15	24	15	13	16
Heart Disease	18+	%	2011	9	6	8	5	7	10	8	12	8
Mood disorder other than depression	18+	%	2011	F	6	3	3	3	F	2	F	3
Stroke	18+	%	2011	F	F	2	2	F	F	2	F	2

**Median Age of Death :**

Male	All	Age	2007-2009	77	74	78	70	73	75	75	76	76
Female	All	Age	2007-2009	82	82	83	76	82	80	83	82	83
Both	All	Age	2007-2009	80	79	81	73	78	77	80	80	80

Complete profile and technical information: [www.nbhc.ca/community-profiles](http://www.nbhc.ca/community-profiles)