








Zone 5 comparison (2 communities in NB)

www.nbhc.ca/community-profiles

	Age		Year	Campbellton	Dalhousie	NB
Community Facts						
Population (2011)*	All		2011	12,971	14,926	751,171
Pre-school aged children (0 to 4)*	0 to 4 years old	%	2011	4	3	5
School aged (5 to 19)*	5 to 19 years old	%	2011	15	14	16
Adults (20 to 64)*	20 to 64 years old	%	2011	60	61	62
Seniors (65 +)*	65+	%	2011	21	22	16
Single parent family*	All	%	2011	20	17	16
Seniors living alone*	65+	%	2011	26	25	25
 Language most spoken at home - English*	All	%	2011	42	45	68
Language most spoken at home - French*	All	%	2011	52	51	28
Social and Economic Factors						
 Household income - less than \$20,000	All	%	2011	21	23	15
Household income - \$20,000 to \$59,999*	All	%	2011	47	42	41
Household income - \$60,000 and more*	All	%	2011	32	34	44
 Spending 30% or more of household total income on shelter costs	All	%	2011	24	19	19
Food insecurity in homes with or without children present, moderate and severe	All	%	2011	16	13	9
Unemployment rate	15+	%	2011	17	15	11
High School Diploma or less	25 to 64 years old	%	2011	50	46	43
Trades, College, CEGEP, or other non-university certificate or diploma*	25 to 64 years old	%	2011	34	39	35
 University degree or certificate or above*	25 to 64 years old	%	2011	17	15	22
Getting an education is important to me	Youth (Grade 6 to 12)	%	2009-2010	59	60	59
School dropout rate	Youth (Grade 6 to 12)	%	2010-2011	3.0	2.1	2.0
Students with part-time jobs outside of school*	Youth (Grade 6 to 12)	%	2009-2010	44	34	41
Youth who volunteered outside school without being paid, in the last year	Youth (Grade 6 to 12)	%	2009-2010	68	90	76
Pro-social behaviour (being helpful, respectful, thoughtful, etc.)	Children (Grade 4 and 5)	%	2010-2011	69	70	70
	Youth (Grade 6 to 12)	%	2009-2010	77	75	80
Have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others)	Youth (Grade 6 to 12)	%	2009-2010	40	41	46

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High levels of oppositional behaviours (being defiant, disrespectful, rude, etc.)		Children (Grade 4 and 5)	%	2010-2011	27	26	22
		Youth (Grade 6 to 12)	%	2009-2010	34	24	27
Has been bullied		Youth (Grade 6 to 12)	%	2009-2010	60	65	65
	Crimes against Property	18+	Rate per 10,000	2012	571	432	282
	Crimes against Persons	18+	Rate per 10,000	2012	307	269	164
	Traffic collisions with injuries or fatalities (motor vehicle and off-road vehicle)	18+	Rate per 10,000	2012	19	29	20
	Sense of community belonging to your community, somewhat strong or very strong	Adults	%	2009-2011	75	79	69
		Seniors (65+)	%	2009-2011	86	91	79
Know where to go in my community to get help		Youth (Grade 6 to 12)	%	2009-2010	21	26	26
Students perception of healthy living in schools	Enjoy my cultural and family traditions	Youth (Grade 6 to 12)	%	2009-2010	37	41	41
	Most of the school staff eat healthy food	Youth (Grade 6 to 12)	%	2009-2010	20	24	31
	School provided access to healthy foods and snacks	Youth (Grade 6 to 12)	%	2009-2010	22	31	21

Physical Environment							
	Second hand smoke exposure at home	12+	%	2009-2011	8	10	7
	Second hand smoke exposure at in vehicles	12+	%	2009-2011	10	13	9
Occupied dwellings requiring major repairs		n/a	%	2011	11	11	10
Private residence built before 1960		n/a	%	2011	38	29	27

Health Behaviours							
	5 or more drinks at one time, at least once in the past 12 months	Youth (Grade 9 to 12)	%	2009-2010	67	F	51
	5 or more drinks at one time, at least once a month in the past year (heavy drinking)	Adults	%	2009-2011	30	34	25
		Seniors (65+)	%	2009-2011	11	9	6
	At risk of becoming a future smoker	Youth (Grade 6 to 12)	%	2009-2010	37	28	27
	Current smoker, daily or occasional	Youth (Grade 6 to 12)	%	2009-2010	12	10	8
		Adults	%	2009-2011	32	27	28
		Seniors (65+)	%	2009-2011	11	15	11
	Marijuana use within the last 12 months	Youth (Grade 9 to 12)	%	2009-2010	44	F	33

		Age	Year	Campbellton	Dalhousie	NB	
	Eat fruits and vegetables, 5 or more daily	Children (Grade 4 and 5)	%	2010-2011	56	42	51
		Youth (Grade 6 to 12)	%	2009-2010	33	36	40
		Adults	%	2009-2011	39	39	36
		Seniors (65+)	%	2009-2011	37	24	37
	Eat breakfast daily	Children (Grade 4 and 5)	%	2010-2011	77	73	70
		Youth (Grade 6 to 12)	%	2009-2010	36	28	41
	Physically active at least 30 minutes 3 or more times per week	Children (Grade 4 and 5)	%	2010-2011	86	73	80
	Physically active at least 90 minutes daily (moderate and hard physical activity)	Youth (Grade 6 to 12)	%	2009-2010	41	37	40
	Physically active during free-time, moderately active or active daily	Adults	%	2009-2011	47	46	52
		Seniors (65+)	%	2009-2011	35	30	36
	Sedentary activity - 2 hours or less a day (screen time)	Children (Grade 4 and 5)	%	2010-2011	41	31	39
		Youth (Grade 6 to 12)	%	2009-2010	26	18	25
	Sleep 8 hours or more a night	Youth (Grade 6 to 12)	%	2009-2010	26	54	29
	Seeing your stress as quite a bit and extreme	Adults	%	2009-2011	21	25	22
	Obese	Adults	%	2009-2011	27	32	27
		Seniors (65+)	%	2009-2011	15	17	20
	Unhealthy weight - overweight or obese	Children (kindergarten to G5)	%	2010-2011	39	39	37
		Youth (Grade 6 to 12)	%	2009-2010	28	23	23

Health Services – Quality and Access to Services

	Avoidable Hospitalization	All	Rate per 10,000 population	2009/10-2011/12	119	84	60
	Hospitalization following an injury	0 to 17 years old	Rate per 10,000 population	2009/10-2011/12	93	88	51
		All	Rate per 10,000 population	2009/10-2011/12	119	98	70
	Has a personal family doctor	18+	%	2011	96	97	93
	Talk to a health professional about things you could do to improve your health or prevent illness like stop smoking, drink less alcohol, etc. (always, usually)	18+	%	2011	32	31	32

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Health Outcomes						
Moderate to high level of mental fitness (having a positive sense of how they feel, think and act)	Children (Grade 4 and 5)	%	2010-2011	82	87	80
	Youth (Grade 6 to 12)	%	2009-2010	71	78	77
See their mental health as being very good or excellent	18 to 64 years old	%	2009-2011	66	61	71
	Seniors (65+)	%	2009-2011	61	59	59
See their health as being very good or excellent	18 to 64 years old	%	2011	54	50	57
	Seniors (65+)	%	2011	42	31	38

Chronic Health Conditions:

Emphysema or COPD	18+	%	2011	4	3	3
Diabetes	18+	%	2011	10	11	9
Asthma	18+	%	2011	9	10	10
High blood pressure or hypertension	18+	%	2011	33	31	26
Arthritis	18+	%	2011	18	18	18
Cancer	18+	%	2011	7	8	7
Chronic Pain	18+	%	2011	20	15	15
Depression	18+	%	2011	12	16	13
Gastric reflux (GERD)	18+	%	2011	17	20	16
Heart Disease	18+	%	2011	8	9	8
Mood disorder other than depression	18+	%	2011	4	4	3
Stroke	18+	%	2011	F	2	2

Median Age of Death :

Male	All	Age	2007-2009	78	74	76
Female	All	Age	2007-2009	83	84	83
Both	All	Age	2007-2009	80	79	80

Complete profile and technical information: www.nbhc.ca/community-profiles

Worse than NB average

n/a = Not available

F = Too unreliable to be published

*= No comparison made with NB average