




















## Zone 6 comparison (4 communities in NB)






[www.nbhc.ca/community-profiles](http://www.nbhc.ca/community-profiles)

	Age		Year	Bathurst	Caraquet	Shippagan	Tracadie-Sheila	NB
<b>Community Facts</b>								
Population (2011)*	All		2011	33,041	14,468	15,086	14,221	751,171
Pre-school aged children (0-4)*	0 to 4 years old	%	2011	4	3	3	4	5
School aged (5-19)*	5 to 19 years old	%	2011	15	13	13	15	16
Adults (20-64)*	20 to 64 years old	%	2011	63	64	64	64	62
Seniors (65+)*	65+	%	2011	19	21	19	16	16
Single parent family*	All	%	2011	14	20	24	21	16
Seniors living alone*	65+	%	2011	23	24	21	22	25
 Language most spoken at home - English*	All	%	2011	35	5	2	1	68
 Language most spoken at home – French*	All	%	2011	62	93	95	97	28
<b>Social and Economic Factors</b>								
 Household income - less than \$20,000	All	%	2011	17	21	20	19	15
 Household income - \$20,000 to \$59,999*	All	%	2011	43	46	46	43	41
 Household income - \$60,000 and more*	All	%	2011	40	33	35	38	44
 Spending 30% or more of household total income on shelter costs	All	%	2011	16	17	18	19	19
 Food insecurity in homes with or without children present, moderate and severe	All	%	2011	8	2	6	16	9
 Unemployment rate	15+	%	2011	12	17	15	21	11
 High School Diploma or less	25 to 64 years old	%	2011	45	51	59	50	43
 Trades, College, CEGEP, or other non-university certificate or diploma*	25 to 64 years old	%	2011	39	31	25	32	35
 University degree or certificate or above*	25 to 64 years old	%	2011	16	18	15	18	22
 Getting an education is important to me	Youth (Grade 6 to 12)	%	2009-2010	65	80	70	73	59
 School dropout rate	Youth (Grade 6 to 12)	%	2010-2011	2.4	1.4	1.6	3.1	2.0
Students with part-time jobs outside of school*	Youth (Grade 6 to 12)	%	2009-2010	42	17	44	44	41
Youth who volunteered outside school without being paid, in the last year	Youth (Grade 6 to 12)	%	2009-2010	76	85	67	81	76
Pro-social behaviour (being helpful, respectful, thoughtful, etc.)	Children (Grade 4 and 5)	%	2010-2011	71	78	60	72	70
	Youth (Grade 6 to 12)	%	2009-2010	82	83	87	84	80
Have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others)	Youth (Grade 6 to 12)	%	2009-2010	50	67	55	56	46

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High levels of oppositional behaviours (being defiant, disrespectful, rude, etc.)	Children (Grade 4 and 5)	%	2010-2011	22	12	26	26	22	
	Youth (Grade 6 to 12)	%	2009-2010	32	15	33	24	27	
Has been bullied	Youth (Grade 6 to 12)	%	2009-2010	62	54	47	55	65	
 Crimes against Property	18+	rate per 10,000	2012	n/a	323	259	322	282	
	Crimes against Persons	18+	rate per 10,000	2012	n/a	236	225	323	164
	Traffic collisions with injuries or fatalities (motor vehicle and off-road vehicle) (rate per 10,000)	18+	rate per 10,000	2012	n/a	44	25	30	20
 Sense of community belonging to your community, somewhat strong or very strong	Adults	%	2009-2011	70	68	58	72	69	
	Seniors (65+)	%	2009-2011	78	57	54	F	79	
Know where to go in my community to get help	Youth (Grade 6 to 12)	%	2009-2010	29	45	29	33	26	
Students perception of healthy living in schools	Enjoy my cultural and family traditions	Youth (Grade 6 to 12)	%	2009-2010	38	55	32	38	41
	Most of the school staff eat healthy food	Youth (Grade 6 to 12)	%	2009-2010	26	38	16	16	31
	School provided access to healthy foods and snacks	Youth (Grade 6 to 12)	%	2009-2010	5	20	16	15	21

Physical Environment								
 Second hand smoke exposure at home	12+	%	2009-2011	4	7	2	3	7
	Second hand smoke exposure at in vehicles	12+	%	2009-2011	7	11	8	9
Occupied dwellings requiring major repairs	n/a	%	2011	11	12	12	14	10
Private residence built before 1960	n/a	%	2011	22	27	18	16	27

Health Behaviours									
 5 or more drinks at one time, at least once in the past 12 months	Youth (Grade 9 to 12)	%	2009-2010	54	F	68	58	51	
	5 or more drinks at one time, at least once a month in the past year (heavy drinking)	Adults	%	2009-2011	23	22	21	24	25
		Seniors (65+)	%	2009-2011	6	9	3	5	6
 At risk of becoming a future smoker	Youth (Grade 6 to 12)	%	2009-2010	38	21	43	32	27	
	Current smoker, daily or occasional	Youth (Grade 6 to 12)	%	2009-2010	5	0	7	4	8
		Adults	%	2009-2011	25	29	28	26	28
		Seniors (65+)	%	2009-2011	8	8	12	2	11
 Marijuana use within the last 12 months	Youth (Grade 9 to 12)	%	2009-2010	31	F	34	27	33	

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	Eat fruits and vegetables, 5 or more daily	Children (Grade 4 and 5)	%	2010-2011	59	60	36	48	51
		Youth (Grade 6 to 12)	%	2009-2010	40	44	37	42	40
		Adults	%	2009-2011	41	54	50	37	36
		Seniors (65+)	%	2009-2011	47	63	63	F	37
	Eat breakfast daily	Children (Grade 4 and 5)	%	2010-2011	73	77	66	71	70
		Youth (Grade 6 to 12)	%	2009-2010	49	56	43	42	41
	Physically active at least 30 minutes 3 or more times per week	Children (Grade 4 and 5)	%	2010-2011	73	78	71	77	80
	Physically active at least 90 minutes daily (moderate and hard physical activity)	Youth (Grade 6 to 12)	%	2009-2010	39	59	36	37	40
	Physically active during free-time, moderately active or active daily	Adults	%	2009-2011	48	54	44	44	52
		Seniors (65+)	%	2009-2011	42	21	44	F	36
	Sedentary activity - 2 hours or less a day (screen time)	Children (Grade 4 and 5)	%	2010-2011	39	39	33	47	39
		Youth (Grade 6 to 12)	%	2009-2010	24	33	15	25	25
	Sleep 8 hours or more a night	Youth (Grade 6 to 12)	%	2009-2010	20	38	17	23	29
	Seeing your stress as quite a bit and extreme	Adults	%	2009-2011	21	12	14	23	22
	Obese	Adults	%	2009-2011	27	20	24	34	27
		Seniors (65+)	%	2009-2011	16	12	22	F	20
	Unhealthy weight - overweight or obese	Children (kindergarten to G5)	%	2010-2011	41	42	40	46	37
		Youth (Grade 6 to 12)	%	2009-2010	16	42	23	25	23

Health Services – Quality and Access to Services									
	Avoidable Hospitalization	All	rate per 10,000 population	2009/10-2011/12	77	58	60	82	60
	Hospitalization following an injury	0 to 17 years old	rate per 10,000 population	2009/10-2011/12	77	59	61	53	51
		All	rate per 10,000 population	2009/10-2011/12	84	71	57	63	70
	Has a personal family doctor	18+	%	2011	97	92	87	92	93
	Talk to a health professional about things you could do to improve your health or prevent illness like stop smoking, drink less alcohol, etc. (always, usually)	18+	%	2011	29	33	34	30	32

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<b>Health Outcomes</b>								
Moderate to high level of mental fitness (having a positive sense of how they feel, think and act)	Children (Grade 4 and 5)	%	2010-2011	83	90	77	82	80
	Youth (Grade 6 to 12)	%	2009-2010	80	87	80	85	77
See their mental health as being very good or excellent	18 to 64 years old	%	2009-2011	69	76	70	50	71
	Seniors (65+)	%	2009-2011	68	56	51	F	59
See their health as being very good or excellent	18 to 64 years old	%	2011	55	56	48	43	57
	Seniors (65+)	%	2011	34	27	38	24	38

**Chronic Health Conditions:**

Emphysema or COPD	18+	%	2011	2	F	3	4	3
Diabetes	18+	%	2011	7	8	14	13	9
Asthma	18+	%	2011	13	10	8	17	10
High blood pressure or hypertension	18+	%	2011	26	24	33	31	26
Arthritis	18+	%	2011	17	16	19	13	18
Cancer	18+	%	2011	7	7	7	8	7
Chronic Pain	18+	%	2011	13	14	13	16	15
Depression	18+	%	2011	14	11	12	13	13
Gastric reflux (GERD)	18+	%	2011	18	13	13	15	16
Heart Disease	18+	%	2011	8	6	11	10	8
Mood disorder other than depression	18+	%	2011	3	F	F	F	3
Stroke	18+	%	2011	2	F	F	4	2

**Median Age of Death :**

Male	All	Age	2007-2009	75	76	72	74	76
Female	All	Age	2007-2009	81	83	78	82	83
Both	All	Age	2007-2009	79	80	74	78	80

Complete profile and technical information: [www.nbhc.ca/community-profiles](http://www.nbhc.ca/community-profiles)

Worse than NB average

n/a = Not available

F = Too unreliable to be published

\*= No comparison made with NB average